

# St. Anselm Catholic Church



## March 26, 2017 Fourth Sunday of Lent

*The LORD is my shepherd; I shall not want.*

-- Psalm 23:1

97 Shady Lane, PO Box 1061, Ross, CA 94957

Parish Office: (415) 453-2342

Office Fax: (415) 453-8713

**Clergy:** Fr. Jose Shaji, Pastor ext. 15  
Email: Fr.Shaji@saintanselm.org  
Deacon Bernie O'Halloran  
Deacon Ed Cunningham  
Deacon Robert Meave

**Parish Secretary:** Sissy Ratto ext. 10  
St.anselmooffice@att.net

**Religious Education:** Natalie Larraga D.R.E. ext. 20  
Dre@saintanselm.org

**Health-Senior Ministry:** Rose Shadduck (415) 453-6533

**Music Director:** Michael Mello (415) 453-2342

**St. Anselm School:** Kim Orendorff, Principal  
School Office: (415) 454-8667  
School Fax: (415) 454-4730  
info@SaintAnselm.org

**Parish Email:** info@SaintAnselm.org

**Parish Website:** www.SaintAnselm.org

**School Website:** www.StAnselmSchool.com

**CYO Website:** www.stanselmcyo.org

**Mass Schedule:** Saturday Vigil 5:00pm,  
Sunday 8:00am, 10:00am, and 5:00pm

**Weekday Mass:** Monday through Friday  
8:00am & 5:30pm  
(Tuesday 8:00am is a Communion Service)

**Parish Office Hours:** 8:30am-1:00pm, 2:00pm-5:00pm

**Holy Day Masses:** 8:00am, 12:00pm, 5:30pm

**Reconciliation:** Saturdays 4:00pm-4:45pm  
or by appointment

**Baptism:** Preparation Class required.  
Call parish office

**Sacrament of the Sick:** Anytime upon request.  
Contact Pastor.

**Matrimony:** Six months notification required prior to  
desired date. Contact Pastor.

**St. Vincent de Paul Help Desk:** (415) 454-0366

**Helping Hands:** (415) 453-2342

**Eucharist for Homebound:** (415) 453-2342

*St. Anselm's Parish is a Catholic community formed by families, individuals and clergy that worship together, celebrate the sacramental life of the Church, and seek to live the Gospel of Jesus Christ everyday. We welcome, serve, and educate.*



Dear Parishioners,  
 The Gospel story of this Sunday is a lesson on growth in faith. The man born blind receives physical sight, but at a deeper level he also receives spiritual sight. He professes his faith in Jesus. He said, "I do believe, Lord" and he worshipped him. But ironically, the Pharisees who thought they had spiritual sight become increasingly spiritually blind. Faith is not something that can be bestowed on someone, even by God. It is a growing process; it is a response from a person's openness to God, God's word and His works. When that openness is missing, there is the danger of becoming spiritually blind like the Pharisees.

Deacon Bob Meave spoke at the Masses on March 11 and 12 inviting you to participate in the Archdiocesan Annual Appeal and I am sure you received my letter regarding AAA. Let me invite you to prayerfully consider fulfilling your part of the assessment. With your support, I am sure we will be able to complete the appeal shortly.

I would like to invite you all to receive the Sacrament of Reconciliation on Wednesday, April 5, after the 5:30pm Mass. I have invited a few priests to help with the Sacrament of Reconciliation. Let me encourage you all to use this opportunity to prepare yourself for the celebration of Holy Week and Easter.

Yours sincerely,  
 Fr. Jose Shaji, Pastor

**20s to 40s Club:** Are you an adult in your 20s, 30s, or 40s? Is your heart on fire for our Lord? Do you enjoy group discussions, doing a service opportunity, eating good appetizers or having a nice glass of wine? If so, come join our new ministry targeted for single or married young adults. We meet every other week, alternating from meeting on a Friday from 7pm-8:30pm and a Sunday from 6pm-7:30pm. Meetings take place in our parish hall or, if specified, offsite. For information about childcare while you are attending one of our meetings, please contact our DRE. **Our next scheduled meeting will be Sunday, March 26<sup>th</sup> in our parish hall from 6pm- 7pm.** Check out our webpage and contact Natalie at [DRE@saintanselm.org](mailto:DRE@saintanselm.org).

**LIGHT AND SHADOW-** In faith there is enough light for those who want to believe and enough shadows to blind those who don't. --Blaise Pascal

**St. Anselm Church Stewardship**  
 Registered Parishioner Families 2017= 1675  
 Last Sunday Collection (Envelope & Loose): \$4,038  
 Centennial Building Maintenance- \$1,211  
**\*Please log onto Parish Pay and update your CC expiration date!**  
**Second Collections:**  
 Catholic Relief Services-March 26  
 St. Anselm School- April 2  
 Centennial Building & Maintenance- April 16

## MASS INTENTIONS

|              |               |                             |   |
|--------------|---------------|-----------------------------|---|
| <b>Mon.</b>  | <b>Mar.27</b> | 8:00am<br>5:30pm            | Eager Family (D)<br>Special Intention                                 |
| <b>Tues.</b> | <b>Mar.28</b> | 8:00am<br>5:30pm            | Communion Service<br>Frederick Deeken (D)                             |
| <b>Wed.</b>  | <b>Mar.29</b> | 8:00am<br>5:30pm            | Eager Family (D)<br>Special Intention                                 |
| <b>Thurs</b> | <b>Mar.30</b> | 8:00am<br>5:30pm            | Eager Family (D)<br>Edward Tuescher (D)                               |
| <b>Fri.</b>  | <b>Mar.31</b> | 8:00am<br>5:30pm            | Terence Sullivan (D)<br>Special Intention                             |
| <b>Sat.</b>  | <b>Apr. 1</b> | 5:00pm                      | William & Dorothy<br>Innes (D)  |
| <b>Sun.</b>  | <b>Apr. 2</b> | 8:00am<br>10:00am<br>5:00pm | Mike Ghilotti Family (INT)<br>Parish People<br>Evelyn Maria Souza (D) |

## Sick Relatives & Friends

**As a community we ask God's blessing for the ill:**  
 Mark Gardner, Garth Stanton, Steve Leland, Christopher Goward, Richard Green, Barbara Gilligan, Irene Lorente, Luisa Espinosa, Terese Marklinger, Vincent Boyle, Jeanie Paganetti, Al Dallara, Rita Wardner, Erik Week, Allison Chichizola, Sara Stander, Archbishop Quinn, Karen Poligono, John Weiser, Bob Buckley, Cherie Visconti, Christine Spada, Mary Margaret Denehy, John Alkazin, Joan Madden, Susan Blair  
**For the repose of the soul of:** Jonathon Scott, Norman Burglin  
**For those serving in the military:** Adam Dear, Robert Ernest Gebhardt, Tyler Lopez, Alex Boatwright, Sean Courtz, Elizabeth Baumsteiger, Christian Miller, Robert Kent

## READINGS FOR THE WEEK

Monday: Is 65:17-21; Ps 30:2, 4-6, 11-13b; Jn 4:43-54  
 Tuesday: Ez 47:1-9, 12; Ps 46:2-3, 5-6, 8-9; Jn 5:1-16  
 Wednesday: Is 49:8-15; Ps 145:8-9, 13cd-14, 17-18; Jn 5:17-30  
 Thursday: Ex 32:7-14; Ps 106:19-23; Jn 5:31-47  
 Friday: Wis 2:1a, 12-22; Ps 34:17-21, 23; Jn 7:1-2, 10, 25-30  
 Saturday: Jer 11:18-20; Ps 7:2-3, 9bc-12; Jn 7:40-53  
 Sunday: Ez 37:12-14; Ps 130:1-8; Rom 8:8-11; Jn 11:1-45 [3-7, 17, 20-27, 33b-45]

## AAA Giving Table Archdiocesan Annual Appeal

To help you calculate your assessment for your contribution to St Anselm Church, we have prepared an AAA giving table.

|               |                |
|---------------|----------------|
| Weekly Giving | 20% Assessment |
| \$5           | \$52           |
| \$10          | \$104          |
| \$20          | \$208          |
| \$50          | \$520          |
| \$100         | \$1,040        |

|               |                |
|---------------|----------------|
| Yearly Giving | 20% Assessment |
| \$250         | \$50           |
| \$500         | \$100          |
| \$1,000       | \$200          |



### ADOPT-A-FAMILY

As we will rejoice on Easter Sunday, we are so incredibly thankful for your generosity and support of our Adopt-A-Family program, which is now in its 25<sup>th</sup> year! We hope that once again you will help our families with our Easter appeal. Our Easter board is in the lobby this weekend, March 25-26. This year we have seven families and 19 children. Please select a tag and purchase the item. Return the wrapped, requested item **with the tag attached**. Gifts should be brought to the bride's room, which is to the right as you enter the Church, either the weekend of April 1-2 or April 8-9. Your concern for others is what Easter is all about; **thank you** all for your thoughtfulness, love and care. Any questions, please call Linda (415) 299-0930.

**CHILDREN OF THE LIGHT**- The future king, David, in today's first reading, is an example of a type of character present throughout the Hebrew scriptures. He is the child born out of place (not the eldest or most favored) who ends up receiving the promise of the covenant. The spirit of God's anointing rushes upon him. In this way, he is similar to the man born blind from today's Gospel. David's family and the blind man's community did not expect the miraculous grace of God's love to work through them. Perhaps they, too, were "blinded" by the expectations and assumptions of those around them. Yet, after being touched by God, they both came to "see" the presence of God's will for them. Both became messengers of God's will. That same Spirit of God's anointing rushed upon us at our baptism; we were given a candle as a sign of our membership in the Body of Christ, the Light from Light. Our vocation, then, is to fulfill that enlightenment, that anointing, as Ephesians tells us, by living as "children of the light."



**4 spring tips for a healthy mouth** -Doing some spring cleaning? While you're busy beating rugs, cleaning curtains and organizing cabinets, don't forget to check your bathroom counter! Add these four items to your checklist to include dental hygiene in your battle plan. **1.** Replace old or worn toothbrushes **2.** Check the expiration date on your mouthwash **3.** Replenish your floss supply **4.** Schedule a dentist appointment

**Green Tip:** Pope Francis reminds us in *Laudato Si* that "the ecological conversion needed to bring about lasting change is also a community conversion." (LS 219) Are you looking to become more involved in sustainability issues locally?

Check out [www.globalstewards.org/marin](http://www.globalstewards.org/marin). The pull-down menu has something for every interest. Another important website is [www.catholicclimatecovenant.org](http://www.catholicclimatecovenant.org). Catholic Climate Covenant has tips for parishes, schools and individuals.

### REST on Holy Saturday-Thank You!

We had an overwhelming response to the request for volunteers for the REST dinner on Holy Saturday!!!! There were enough volunteers for two dinners. Thank you for your continued generosity.

### HEALING MOVEMENT CLASS

*Increase Strength, Flexibility, Balance, Mental Clarity and Joy!*

*Thursdays, April 6 – May 18*

*10:45 – 11:45am*

*Centennial Hall*

*For All Fitness Levels*

*Please wear comfortable layers and walking/athletic shoes*

*Healing Movement* is a fitness program developed to incorporate gentle, flowing, low-impact forms of exercise to maintain and improve health and reverse the effects of aging. The exercises offered in the *Healing Movement* classes are grounded in the ancient healing systems of *Tai Chi (Grand Ultimate)* and *Qigong (Vitality Cultivation)* and have been translated into a joyful program ideally suited to modern needs.

Tai Chi can be easily adapted for anyone, from the most fit to people confined to wheelchairs or recovering from illness, surgery or loss of a loved one. Please join us. Harvard Health Publications states: ***"Tai Chi could be the perfect activity for the rest of your life!"***

The classes will be taught by Elizabeth Meloney, St. Anselm parishioner, Certified Tai Chi and Qigong Instructor and Co-Founder, *Eternal Strength Tai Chi Chuan & Qigong Academy*. For additional information, please email: [Elizabeth@EternalStrengthTaiChi.com](mailto:Elizabeth@EternalStrengthTaiChi.com)

## St. Anselm Church Calendar of Events

March 26- 20s to 40s Club- 6pm-7:00pm (Hall)  
April 1 & 2nd- Confirmation Commitment Ceremony  
at the 5:00pm Masses  
April 2- RCIA 3rd Scrutiny 10:00am Mass  
April 5- Reconciliation following 5:30pm Mass  
April 16- Easter Egg Hunt following 10:00am Mass  
April 17- Parish Office Closed  
April 29- First Communion 10:00am  
April 29- Confirmation 1:00pm

### *Events Near St. Anselm Parish*

**Tuesday, April 4, 7:00 – 8:30 p.m.** A  
*Gather@Grand* evening with **Joshua McElwee**, Vatican Correspondent for the *National Catholic Reporter*. Come with your questions and comments for Josh as we interactively reflect on the four years of Francis' papacy. A graduate of the Catholic University of America, Josh has reported for NCR from sixteen countries and has received numerous awards from the Catholic Press Association and the Religion Newswriters Association. **All are welcome! We will have light refreshments.**  
**Be sure to RSVP Community Relations@sanrafaelop.org or 415 453 8303**  
**The Gathering Space - Dominican Sisters Center**  
1520 Grand Avenue, San Rafael between Acacia and Locust Streets [www.sanrafaelop.org](http://www.sanrafaelop.org)

### **A GIFT TO ENHANCE THE SACRAMENT OF MARRIAGE, A LIFE LINE FOR MARRIAGE**

We invite you to give yourselves a 3-day retreat and learn more about Retrouvaille (pronounced retro-vi with a long I). It helps couples through difficult times in their marriages. It is designed to provide the tools, concepts, and values to help get a marriage back on track.

It will give couples the opportunity to rediscover each other and examine your lives together in a new and positive way. This program has helped 10's of 1000's of couples experiencing marital difficulty at all levels including disillusionment and deep misery. You are not alone.

For confidential information or to register for the April 2017 program beginning with a weekend on April 28, 29, 30, 2017, please call (1 415)893-1005 or 1800-470-2230 or email to:

[SF@RetroCA.com](mailto:SF@RetroCA.com) or visit the web site at:  
[www.HelpOurMarriage.com](http://www.HelpOurMarriage.com)



On Saturday, March 18, our RCIA Candidates and Elect had their RCIA Retreat at the Ignatian Spiritual Life Center in San Francisco. The day was filled with lead meditations, group discussions, and a presentation on the Sacraments of Initiation (Baptism, Confirmation, and Eucharist). Pope Francis made a special appearance... The RCIA Candidates from Most Holy Redeemer joined them for this special retreat. The two groups broke bread together and shared many laughs and stories. Friendships and memories were made that day!



**PRESENTATIONS SPONSORED BY OUR SPIRITUAL LIFE COMMITTEE**

—On February 28, Cathryn Fairlee's Irish storytelling program truly transported her audience back to Ireland with some amusing tales!

And, on March 16, Mirza Khan, from San Domenico School, sparked our imaginations and opened our hearts. With writings from Rilke and Mary Oliver, deftly balanced by the chamber music performed by four young women from his school, as well

as his own reflections, he led us deeper into our own Lenten practice and transformation. (Do you know what really happens to the caterpillar when it is in the chrysalis?) “Stay Awake” Jesus said to his disciples in the Garden of Gethsemane.



Bulletin Number:  
513520

Church Name and Address:  
St. Anselm  
97 Shady Lane  
PO Box 1061  
Ross, CA 94957-1061

Telephone: 415-453-2342

Contact Person: Sissy Ratto

Email: [st.anselmooffice@att.net](mailto:st.anselmooffice@att.net)

Software

MS Publisher 2016  
Windows 10  
Adobe Acrobat DC

Transmission Time:  
9:30am Tuesday

Number of Pages sent:  
6 (including information page)