St. Anselm Catholic Church

I will make you a light to the nations, that my salvation may reach to the ends of the earth. -- Isaiah 49:6b

January 15, 2017
Second Sunday in Ordinary Time

St. Anselm’s Parish is a Catholic community formed by families, individuals and clergy that worship together, celebrate the sacramental life of the Church, and seek to live the Gospel of Jesus Christ everyday. We welcome, serve, and educate.
Dear Parishioners,

The Gospel reading of this Sunday is about Jesus meeting John the Baptist. A little further on, the account says, "The next day John again was standing with two of his disciples, and as he watched Jesus walk by, he exclaimed, 'Look, here is the Lamb of God!' The two disciples heard him say this, and they followed Jesus" (1:38). There is every reason to believe that St. John the Evangelist was one of those two disciples. The account has the flavor of a personal memory. That phrase 'Lamb of God' must have stayed in John's imagination: it runs through his Gospel from beginning to end. It even appears in the book of Revelation, which is said to be written by John or his disciples.

The phrase 'Lamb of God' was not new; it was a reference to the Passover lamb, the lamb in Exodus which was slain and whose blood set the people free from slavery in Egypt. Every year at Passover, the Jews recalled this event, and a lamb was slaughtered in the Temple. Here in Jesus, says John the Baptist, we have the real "Lamb of God who takes away the sins of the world." Immediately after Christmas, we are introduced to the mission of Christ, to bring about redemption. Jesus, with his baptism, begins his public ministry that eventually leads him to Calvary. And on the cross Jesus indeed becomes "the Lamb of God who takes away the sin of the world."

Yours sincerely,
Fr. Jose Shaji, Pastor.

Have you moved? Or changed your phone number or email address? Please let us know. We are updating our database and want to make sure the information we have in our database is accurate.

415 453-2342; st.anselmoffice@att.net

St. Anselm Church Stewardship
Registered Parishioner Families 2016 = 1675
Last Sunday Collection (Envelope & Loose): $3,901

*Please log onto Parish Pay and update your CC expiration date!
Second Collections:
Centennial Building & Maintenance-January 15
St. Patrick Seminary-January 22
St. Vincent DePaul–January 29

Mass Intentions

<table>
<thead>
<tr>
<th>Day</th>
<th>Jan. 16</th>
<th>Time</th>
<th>Names</th>
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<tbody>
<tr>
<td>Mon.</td>
<td></td>
<td>8:00 am</td>
<td>Tim Pult (D)</td>
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<tr>
<td>Tues.</td>
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<td>8:00 am</td>
<td>Communion Service</td>
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<td>5:30 pm</td>
<td>Joe McGarry (D)</td>
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<td>Wed.</td>
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<td>Beverly D’ Emilio (D)</td>
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<td>Thurs</td>
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<td>8:00 am</td>
<td>Marshall Arnold (D)</td>
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<td></td>
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<td>5:30 pm</td>
<td>Alan Nelligan (D)</td>
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<tr>
<td>Fri.</td>
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<td>Joseph Meave (D)</td>
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<tr>
<td>Sat.</td>
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<td>Loretta Samet (D)</td>
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<td>Sun.</td>
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<td>8:00 am</td>
<td>Parish People</td>
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<td></td>
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<td>10:00 pm</td>
<td>Randa Stenson (D)</td>
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<td></td>
<td></td>
<td>5:00 pm</td>
<td>Donald Beechinor (D)</td>
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Sick Relatives & Friends

As a community we ask God's blessing for the ill:
Mark Gardner, Garth Stanton, Steve Leland, Christopher Goward, Richard Green, Barbara Gilligan, Irene Lorente, Louisa Espinosa, Chris Spada, Terese Marklinger, Vincent Boyle, Joan Madden, Jeanie Paganetti, Al Dallara, Antoinette Hanna, Rita Wardner, Jonathon Scott, Erik Week, Allison Chichizola, Sara Stander, Archbishop Quinn, Matthew Leeden
For the repose of the soul of: Barbara Lyons Stewart
For those serving in the military: Adam Dear, Robert Ernest Gebhardt, Tyler Lopez, Alex Boatwright, Sean Courtz, Elizabeth Baumsteiger, Christian Miller

Readings for the Week
Monday: Heb 5:1-10; Ps 110:1-4; Mk 2:18-22
Tuesday: Heb 6:10-20; Ps 111:1-2, 4-5, 9, 10c; Mk 2:23-28
Wednesday: Heb 7:1-3, 15-17; Ps 110:1-4; Mk 3:1-6
Thursday: Heb 7:25 – 8:6; Ps 40:7-10, 17; Mk 3:7-12
Friday: Heb 8:6-13; Ps 85:8, 10-14; Mk 3:13-19
Saturday: Heb 9:2-3, 11-14; Ps 47:2-3, 6-9; Mk 3:20-21
Sunday: Is 8:23 – 9:3; Ps 27:1, 4, 13-14; 1 Cor 1:10-13, 17; Mt 4:12-23 [12-17]

Changes in our Weekly/Holy Day Mass Schedule:
Our Tuesday, 8:00am Mass, will be a Communion Service and our Thursday, 8:00am Mass will be a Mass. Our Holy Day Mass schedule will be 8:00am, 12:00pm, and 5:30pm.
Youth Ministry

Youth Ministry 2017
Dear Families, it is with pleasure that we announce that we will be starting a Youth Ministry. All high school students are invited to attend. Our first meeting will be a social meet and greet on Thursday, January 26th, 2017 from 6pm-7:30pm in our parish hall. Food, laughter, and clean fun guaranteed. Being a participant in youth ministry will not only look good on your youth’s college applications, but it is a safe environment for them to socialize with other like-minded individuals. For more information, or if you would like to be part of our youth ministry team, please contact our DRE.

GREEN TIP: According to Natural Resources Defense Council’s web site devoted to paper products, it’s good that we all recycle our waste paper, but if there’s no market for the recycled product the system won’t work besides, using recycled paper products vastly reduces the amount of trees that are destroyed, and trees are crucial for absorbing CO2 from the atmosphere. Forests around the world are being decimated at a prodigious rate.

“If every household in the United States replaced just one box of virgin fiber facial tissues (175 sheets) with 100% recycled ones, we could save 163,000 trees.
If every household in the U.S. replaced just one roll of virgin fiber toilet paper with 100% recycled ones, we could save 423,900 trees.
If every household in the U.S. replaced just one roll of virgin fiber paper towels (70 sheets) with 100% recycled, we could save 544,000 trees.”

A SPECIAL NEW YEAR GIFT
Do you struggle with gift ideas for a loved one? Or maybe your New Year’s resolution is to take better care of yourself both body and soul? Give him or her yourself a 3 day retreat free of home responsibilities and full of spiritual goodness—Cursillo weekend! Cursillo, a Spanish word meaning a “short course” in Christian living, is a unique retreat experience that is presented largely by lay individuals who share their Christian walk in life through a series of informal talks and discussions. It is open to adult men and women of all Christian denominations and provides an opportunity to reflect on values and goals as Christians and is filled with music, great food, and tremendous humor.
Cursillo weekends are held at the Angela Center in Santa Rosa. Our next weekend will be March 23rd–26th for men, and March 30th–April 2nd for women. January 29th, at the 10:00am Mass, you will hear from parishioners who have made Cursillo, and after Mass, there will be an opportunity to ask questions and pick up an application.
Come join us and give the gift that may last a lifetime!

WALK FOR LIFE: The annual Walk for Life West Coast, which draws 50,000 participants each year, takes place on January 21. Archbishop Salvatore Cordileone begins the day with a special Mass at St. Mary’s Cathedral at 9:30 am. The Walk for Life Rally begins at 10:45 am at the starting point of the Walk, at Civic Center Plaza. There the archbishop will announce the recipient of this year’s Saint Gianna Molla Award for Prolife Heroism. The walk from Civic Center Plaza to Justin Herman Plaza at the foot of Market Street begins at 1:30 p.m. The Walk for Life Committee says: The Mission is to change the perceptions of a society that thinks abortion is an answer, because abortion does violence to women and to their children. The Goal is to be a vocal and visual message, to reach out to women harmed by abortion and to inform society of the damage done to women by abortion. The Action is to peacefully protest abortion, walking through San Francisco every year on or near Jan. 22, the anniversary of the Roe v. Wade Supreme Court decision.

Health News (so important that it needed repeating)
Now is the time you should be thinking about your medical screenings for 2017: breast, pap, prostate, colon and skin cancers. If you are on blood pressure medication, have your blood pressure checked regularly. You can check your blood pressure at CVS. If you are a diabetic be sure your blood glucose is checked on a regular basis. The flu season is here; it is not too late to get a flu shot. If you are a senior make sure you get the extra strength flu shot, also, make sure you have the new pneumonia vaccine.
During this time remember to:
1. Eat properly and drink plenty of fluids (more water and less coffee and alcohol).
2. Sleep at least 6-8 hours per night. Children require 8-10 hours. Many children do not get enough sleep.
3. Exercise whenever you can, it helps keep you fit and reduces stress. Stress effects your immune system.
4. Remember to laugh and play.
Why should children have all the fun?
Have a Happy, Healthy New Year!
God Bless, Rose

Wine and Cheese Social
After the 5pm Masses
We invite you to come over to Centennial Hall after the 5pm Masses, this Saturday & Sunday, for our monthly Wine and Cheese Social.

Martin Luther King, Jr. Day
- The Parish Office will be closed Monday, January 16th, in observance of Martin Luther King, Jr. Day.
**SAVE THE DATE**

January 14 & 15 – Wine & Cheese after 5:00 pm Mass

January 29 – St. Anselm School Open House
11:30-1:00

January 30 – Fr. Joe Eagan will speak – 7:30 – Hall

February 9 – Valentine Tea – 3:00 Hall

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**Events Near St. Anselm Parish**

**Anniversary Mass at Cathedral for National Marriage Week**

*Saturday, February 4, 10:00 am St Mary’s Cathedral, 1111 Gough St., San Francisco*

Hopfner HopfnerE@SFArch.org 415-614-5680

anniversarymass.info

The Archdiocese of San Francisco will offer its annual Wedding Anniversary Mass on February 4, at the Cathedral of Saint Mary of the Assumption, at 10:00 am. We will honor wedding anniversaries for those celebrating sacramental marriages reaching “5-year” milestones (5, 10, 15, 20, 25, 30, 35, 40, 45, or more) in 2017. The principal celebrant will be the Most Reverend Carlos Sevilla, Bishop Emeritus of Yakima, Washington, and formerly a Bishop of San Francisco. **Registration is required by January 27** at anniversarymass.info, and a donation of $20 is requested. For more information, use the email or phone above.

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**Do you want to make a difference in our community?**

**Volunteer with your neighbors to help us understand homelessness in Marin County.**

On Friday, January 27th, Marin County will be conducting a 2017 Point-in-Time Count to understand the number of homeless individuals living throughout the county. We are in need of community volunteers to work alongside currently or previously homeless guides to count the number of homeless individuals they see across all areas of Marin County. There will be a 1-hour training on January 20th to prepare you for the count, and you do not need any experience with homelessness. The data we collect will be combined with shelter and survey data to give us a valid, accurate snapshot of homeless individuals, youth, and families. The resulting data will also help secure Marin County’s funding for homeless services for the following year.

Please visit the online registration link at [https://www.surveymonkey.com/r/2017marinpit](https://www.surveymonkey.com/r/2017marinpit); or feel free to call Connie Chu, Applied Survey Research, at (408) 813-2419 or Eric Petersen, County of Marin, at (415) 473-3340.

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**Come And See Days – Cloistered Dominican Nuns:**

For Catholic single woman ages 18-38. January 21, July 15, & October 21. Contact Sr. Joseph Marie at vocations@nunsmenlo.org for more information and to register.
Christmas Thank You

All of us in Adopt-A-Family extend warm thanks for your generous support of our 25th annual Christmas appeal. We help our families year round but Christmas is our high point. We receive as much joy as those we help.

Sarah had a little tiny Christmas Tree with nothing under it. Her four children loved it but she felt bad because they would see gifts under the trees of their friends. Sarah could not believe her eyes when our “Santa” arrived with a large bag of gifts. Together, they put a few gifts under the tree and hid the rest in a crib in a bedroom. She is expecting another baby and has a lot of worries but Santa brought such joy and excitement.

Here is a moving thank you from a Mom we helped for several years. Last year she found a job so we phased her out of our program. She manages on her modest salary, however, she cannot afford any extras so we put her on our Christmas list. Her eyes lit up when our “Santa” arrived. “I thought I had nothing this Christmas,” she cried. “You guys are my family! You are my safety net!!” We gave her a $100 gift card to Safeway and the gifts her boys had been hoping for. Our Santa drove away with the best feeling in her heart. This is what Adopt-A-Family is all about. It’s not so much the giving as it is being there. This woman was so down and discouraged when we met her. Now she is smiling and her eyes are sparkling. She enjoys her job and feels good about herself!

A special thank you to all who made Christmas donations. Your contributions make it possible to help many families with vital needs when a crisis hits. Thank you so much for your generosity. You make Adopt-A-Family possible. Thank you also to Father Jose and our parish secretary, Sissy, for putting up with all the extra Christmas phone calls, announcements and piles of Christmas gifts.

On behalf of all the families we have served through the years, we thank you for your support and generosity. We wish you a very Happy New Year filled with many graces and blessings.
Dorothy, Colleen, Linda, Paulette and Mary
Bulletin Number:
513520

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