St. Anselm’s Parish is a Catholic community formed by families, individuals and clergy that worship together, celebrate the sacramental life of the Church, and seek to live the Gospel of Jesus Christ everyday. We welcome, serve, and educate.
Dear Parishioners,

The First reading and the Gospel reading of this Sunday make reference to the land of Zebulun and Naphtali.

"Land of Zebulun and land of Naphtali, the way to the sea, beyond the Jordan, Galilee of the Gentiles, the people who sit in darkness have seen a great light, on those dwelling in a land overshadowed by death light has arisen".

Zebulun and Naphtali were two of the twelve sons of Jacob, the grandson of Abraham. Zebulun and Naphtali were given the northeast region of Israel where the descendants of Abraham were much fewer than the Gentiles at the time of prophet Isaiah. Thus it was challenging for them to keep their Hebrew identity and culture amidst the majority of Gentiles.

At the time of Jesus, the land of Zebulun and Naphtali was called Galilee of Gentiles as Alexander the Great forcefully introduced the Greek culture and tradition in that region. Hence Mathew saw Jesus as a great light shining in the land overshadowed by death and darkness. Unlike John the Baptist, or people in rabbinic tradition, Jesus did not wait for his disciples to search and follow him. Rather he went to the land of Zebulun and Naphtali - the sea of Galilee and called the first disciples and made them the light of the world.

At our baptism, Jesus shares His light with us so that we too might shine in the land of modern ‘gentiles’, and in the land of darkness and hatred. Let us pray for the political leaders of our time, especially our new President, that they may be led by the true light of our Gospel values in governing our great nation.

Yours sincerely,
Fr. Chris Arockiaraj, PSS

Have you moved? Or changed your phone number or email address? Please let us know. We are updating our database and want to make sure the information we have in our database is accurate.

415 453-2342; st.anselmoffice@att.net

St. Anselm Church Stewardship
Registered Parishioner Families 2016 = 1675
Last Sunday Collection (Envelope & Loose): $4,468
Centennial Building & Maintenance $1,102

*Please log onto Parish Pay and update your CC expiration date!

Second Collections:
St. Patrick Seminary-January 22
St. Vincent DePaul– January 29
St. Anselm School– February 5
Centennial Building & Maintenance– February 19

Sick Relatives & Friends

As a community we ask God’s blessing for the ill:
Mark Gardner, Garth Stanton, Steve Leland,
Christopher Goward, Richard Green, Barbara Gilligan, Irene Lorente, Louisa Espinosa, Chris Spada, Terese Marklinger, Vincent Boyle, Jeanie Paganetti, Al Dallara, Antoinette Hanna, Rita Wardner, Jonathon Scott, Erik Week, Allison Chichizola, Sara Stander, Archbishop Quinn, Matthew Leeden, Karen Poligono

For the repose of the soul of: Joan Rorick

For those serving in the military: Adam Dear, Robert Ernest Gebhardt, Tyler Lopez, Alex Boatwright, Sean Courtz, Elizabeth Baumsteiger, Christian Miller

READINGS FOR THE WEEK
Monday: Heb 9:15, 24-28; Ps 98:1-6; Mk 3:22-30, or any of a number of readings for the Day of Prayer
Tuesday: Heb 10:1-10; Ps 40:2, 4ab, 7-8a, 10, 11; Mk 3:31-35
Wednesday: Acts 22:3-16 or Acts 9:1-22; Ps 117:1bc, 2; Mk 16:15-18
Thursday: 2 Tm 1:1-8 or Ti 1:1-5; Ps 96:1-3, 7-8a, 10; Mk 4:21-35
Friday: Heb 10:32-39; Ps 37:3-6, 23-24, 39-40; Mk 4:26-34
Saturday: Heb 11:1-2, 8-19; Lk 1:69-75; Mk 4:35-41
Sunday: Zep 2:3; 3:12-13; Ps 146:6-10;
1 Cor 1:26-31; Mt 5:1-12a

EFFORTLESS- The only thing that comes to a person without effort is old age. --Anonymous
A SPECIAL NEW YEAR GIFT

Do you struggle with gift ideas for a loved one? Or maybe your New Year’s resolution is to take better care of yourself—both body and soul? Give him or her a 3 day retreat free of home responsibilities and full of spiritual goodness—a Cursillo weekend! Cursillo, a Spanish word meaning a “short course” in Christian living, is a unique retreat experience that is presented largely by lay individuals who share their Christian walk in life through a series of informal talks and discussions. It is open to adult men and women of all Christian denominations and provides an opportunity to reflect on values and goals as Christians and is filled with music, great food, and tremendous humor. Cursillo weekends are held at the Angela Center in Santa Rosa. Our next weekend will be March 23rd – 26th for men, and March 30th – April 2nd for women. January 29th, at the 10:00am Mass, you will hear from parishioners who have made Cursillo, and after Mass, there will be an opportunity to ask questions and pick up an application. Come join us and give the gift that may last a lifetime!

Health News (so important that it needs repeating)

Now is the time you should be thinking about your medical screenings for 2017: breast, pap, prostate, colon and skin cancers. If you are on blood pressure medication, have your blood pressure checked regularly. You can check your blood pressure at CVS. If you are a diabetic be sure your blood glucose is checked on a regular basis. The flu season is here; it is not too late to get a flu shot. If you are a senior make sure you get the extra strength flu shot, also, make sure you have the new pneumonia vaccine. During this time remember to:

1. Eat properly and drink plenty of fluids (more water and less coffee and alcohol).
2. Sleep at least 6-8 hours per night. Children require 8-10 hours. Many children do not get enough sleep.
3. Exercise whenever you can, it helps keep you fit and reduces stress. Stress effects your immune system.
4. Remember to laugh and play.

Why should children have all the fun?

Have a Happy, Healthy New Year!

God Bless, Rose

GREEN TIP: Time to clean out the garage? Collect unwanted hazardous products including paints, batteries, toxic solvents, florescent lights, mercury thermometers and flashing-light shoes and drop them off at Marin Hazardous Waste Facility at 565 Jacoby Street, San Rafael, 415-485-8806

Thank You!

The Christmas Season is over, The decorations and the Manger have been put away. The Wisemen have gone home. The Church has returned to Ordinary Time. But it is also an appropriate time to THANK the many individuals who gave their time and talent to setting up and decorating the church and lighting-up the church grounds for the season. Their work added so much to a very joyous celebration of Christmas, and for this, the parish is grateful! Thank you: Deacon Bernie & Dolores O’Halloran, Deacon Ed & Cathy Cunningham, Deacon Bob & Gail Meave, Ann Carroll, Cassie & Michael Keim, Laura Stallone, Carole Sheviakov, Arlene Hansen, Paul Puccinelli, Bernard Yosten, Corinne Hubbard, and our florist/parishioner Theresa Stone.

Ms. Karen Poligono
1717B Fifth Ave
San Rafael, CA 94901

When a simple gesture can bring someone great joy–
Our long-time parishioner, Karen Poligono ‘Little Karen’, whom most of you see at Mass every Sunday, or at the 5:30 Mass on Tuesday and Thursday, or walking through San Anselmo, rain or shine, has had hip surgery because of a fall. The best medicine for a successful and speedy recovery for Karen is to know that she is loved and missed. Please take a few minutes to send her a Get Well/You Are Missed Card. This simple act of caring and kindness is what makes our St. Anselm Community so special.

Youth Ministry

Dear Families, it is with pleasure that we announce that we will be starting a Youth Ministry. All high school students are invited to attend. Our first meeting will be a social meet and greet on Thursday, January 26th 2017 from 6pm-7:30pm in our parish hall. Food, laughter, and clean fun guaranteed. Being a participant in youth ministry will not only look good on your youth’s college applications, but it is a safe environment for them to socialize with other like-minded individuals. For more information, or if you would like to be part of our youth ministry team, please contact our DRE.
St. Anselm Church Calendar of Events

SAVE THE DATE
January 29– St. Anselm School Open House
11:30-1:00
January 30– Fr. Joe Eagan will speak– 7:30–Hall
February 9– Valentine Tea-3:00 Hall
February 11– Confirmation

Events Near St. Anselm Parish

Anniversary Mass at Cathedral for National Marriage Week
Saturday, February 4, 10:00 am St Mary’s Cathedral, 1111 Gough St., San Francisco
Ed Hopfner HopfnerE@SFArch.org 415-614-5680 anniversarymass.info

The Archdiocese of San Francisco will offer its annual Wedding Anniversary Mass on February 4, at the Cathedral of Saint Mary of the Assumption, at 10:00 am. We will honor wedding anniversaries for those celebrating sacramental marriages reaching “5-year” milestones (5, 10, 15, 20, 25, 30, 35, 40, 45, or more) in 2017. The principal celebrant will be the Most Reverend Carlos Sevilla, Bishop Emeritus of Yakima, Washington, and formerly a Bishop of San Francisco. Registration is required by January 27 at anniversarymass.info, and a donation of $20 is requested. For more information, use the email or phone above.

Do you want to make a difference in our community? Volunteer with your neighbors to help us understand homelessness in Marin County.

On Friday, January 27th, Marin County will be conducting a 2017 Point-in-Time Count to understand the number of homeless individuals living throughout the county. We are in need of community volunteers to work alongside currently or previously homeless guides to count the number of homeless individuals they see across all areas of Marin County. There will be a 1-hour training on January 20th to prepare you for the count, and you do not need any experience with homelessness. The data we collect will be combined with shelter and survey data to give us a valid, accurate snapshot of homeless individuals, youth, and families. The resulting data will also help secure Marin County’s funding for homeless services for the following year.

Please visit the online registration link at https://www.surveymonkey.com/r/2017marinpit; or feel free to call Connie Chu, Applied Survey Research, at (408) 813-2419 or Eric Petersen, County of Marin, at (415) 473-3340

Come And See Days– Cloistered Dominican Nuns:
For Catholic single woman ages 18-38. January 21, July 15, & October 21. Contact Sr. Joseph Marie at vocations@nunsmenlo.org for more information and to register.
A prayer for our earth, from Laudato Si

All-powerful God, you are present in the whole universe
and in the smallest of your creatures.
You embrace with your tenderness all that exists.
Pour out upon us the power of your love,
that we may protect life and beauty.
Fill us with peace, that we may live
as brothers and sisters, harming no one.
O God of the poor,
help us to rescue the abandoned and forgotten of this earth,
so precious in your eyes.
Bring healing to our lives,
that we may protect the world and not prey on it,
that we may sow beauty, not pollution and destruction.
Touch the hearts
of those who look only for gain
at the expense of the poor of the earth.
Teach us to discover the worth of each thing,
to be filled with awe and contemplation,
to recognize that we are profoundly united
with each creature
as we journey
toward your infinite light.
We thank you for being with us each day.
Encourage us, we pray, in our struggle
for justice, love and peace.

Pope Francis
Bulletin Number: 513520

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