St. Anselm’s Parish is a Catholic community formed by families, individuals and clergy that worship together, celebrate the sacramental life of the Church, and seek to live the Gospel of Jesus Christ everyday. We welcome, serve, and educate.
Dear Parishioners,

Epiphany is a beautiful celebration. For the first time Jesus is revealed to people who are not Jews. This celebration brings everybody together. It tells us that every human being shares in the same inheritance as a son or daughter of God. Epiphany tells us that Jesus was born for everyone. That does not mean the barriers that divide people have disappeared. We still see divisions in the world and in our country. All these divisions reflect also the separation that exists between people and God. As Christians we are all called to bring about love and healing. May all of us work to build a world that is free from all division, exploitation, war and violence.

I am sure that you all had a wonderful Christmas, that you were able to celebrate it with your family and friends! I would like to thank you all for your generosity to your church during the Christmas season!

I will be away in India and will return on the 2nd of February. Fr. Chris from St. Patrick Seminary, Menlo Park, will be taking care of the parish during my absence. For your spiritual needs, please contact him through the parish office.

Yours sincerely,
Fr. Jose Shaji, Pastor

Have you moved? Or changed your phone number or email address? Please let us know. We are updating our database and want to make sure the information we have in our database is accurate. 415 453-2342; st.anselmoffice@att.net

St. Anselm Church Stewardship
Registered Parishioner Families 2016 = 1675
Last Sunday Collection (Envelope & Loose): $4,909
St. Anselm School-$1059
Christmas Collection $33, 818

*Please log onto Parish Pay and update your CC expiration date!

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Second Collections:
Centennial Building & Maintenance-January 15
St. Patrick Seminary-January 22
St. Vincent DePaul– January 29

As a community we ask God’s blessing for the ill:
Mark Gardner, Garth Stanton, Steve Leland, Christopher Goward, Richard Green, Barbara Gilligan, Irene Lorente, Louisa Espinosa, Chris Spada, Terese Marklinger, Vincent Boyle, Joan Madden, Jeanie Paganetti, Al Dallara, Antoinette Hanna, Rita Wardner, Jonathon Scott, Erik Week, Allison Chichizola, Sara Stander, Archbishop Quinn

For the repose of the soul of: Peggy Formichi

For those serving in the military: Adam Dear, Robert Ernest Gebhardt, Tyler Lopez, Alex Boatwright, Sean Courtz, Elizabeth Baumsteiger, Christian Miller

READINGS FOR THE WEEK
Monday: Is 42:1-4, 6-7 or Acts 10:34-38; Ps 29:1-4, 3, 9-10; Mt 3:13-17
Tuesday: Heb 2:5-12; Ps 8:2ab, 5, 6-9; Mk 1:21-28
or Heb 1:1-6 and 2:5-12; Ps 8:2ab, 5, 6-9;
Mk 1:14-20 and 1:21-28
Wednesday: Heb 2:14-18; Ps 105:1-4, 6-9; Mk 1:29-39
Thursday: Heb 3:7-14; Ps 95:6-11; Mk 1:40-45
Friday: Heb 4:1-5, 11; Ps 78:3, 4bc, 6c-8; Mk 2:1-12
Saturday: Heb 4:12-16; Ps 19:8-10, 15; Mk 2:13-17
Sunday: Is 49:3, 5-6; Ps 40:2, 4, 7-10; 1 Cor 1:1-3;
Jn 1:29-34

CHANGES IN OUR WEEKLY/HOLY DAY MASS SCHEDULE- Our Tuesday, 8:00am Mass, will be a Communion Service and our Thursday, 8:00am Mass will be a Mass. Our Holy Day Mass schedule will be 8:00am, 12:00pm, and 5:30pm.

MASS INTENTIONS

<table>
<thead>
<tr>
<th>Mon.</th>
<th>Jan. 9</th>
<th>8:00 am</th>
<th>Loretta Samet (D)</th>
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<tbody>
<tr>
<td>Tues.</td>
<td>Jan. 10</td>
<td>8:00 am</td>
<td>Communion Service</td>
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<td></td>
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<td>5:30 pm</td>
<td>Marjorie Smith (INT)</td>
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<td>Wed.</td>
<td>Jan. 11</td>
<td>8:00 am</td>
<td>Jerry Friedman (D)</td>
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<td>Thurs</td>
<td>Jan. 12</td>
<td>8:00 am</td>
<td>Neil Osmer (INT)</td>
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<td>5:30 pm</td>
<td>Don Hagey (D)</td>
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<td>Fri.</td>
<td>Jan. 13</td>
<td>8:00 am</td>
<td>Diana Murelli Hathaway</td>
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<td>Sat.</td>
<td>Jan. 14</td>
<td>5:00 pm</td>
<td>Bill Williams (D)</td>
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<td>9:00 am</td>
<td>School Facil &amp; Staff</td>
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<td>Sun.</td>
<td>Jan. 15</td>
<td>8:00 am</td>
<td>Judy Lanzilotta (D)</td>
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<td>10:00m</td>
<td>Parish People</td>
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<td></td>
<td></td>
<td>5:00 pm</td>
<td>Lyola Lawler (D)</td>
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GREEN TIP: With visitors and entertaining, and more entertaining, have your energy-saving, water-conserving resolutions gone out the window over the holidays? Not to worry: We can all jump right back into form as the New Year dawns. Just like that diet we intend to follow, it will feel so good to be doing the right thing. Remember to share your ‘best practices’ in conservation!

*Christmas trees will be collected at the curb on your regular garbage service day during the month of January. Each residence is allowed one free tree pick-up. Remove all ornaments and metal stands. Trees more than 6ft tall need to be cut in half. Or you can drop off up to 2 trees at the Marin Resource Recovery Center. No flocked trees will be picked up, but for a small fee, they can be brought to the Recovery Center. What are some of your family’s favorite green practices? Let’s share!

Quoting Pope Francis: “The Canadian bishops rightly pointed out that no creature is excluded from the manifestation of God: ‘From panoramic vistas to the tiniest living form, nature is a constant source of wonder and awe. It is also a continuing revelation of the divine.’

The bishops of Japan for their part made a thought-provoking observation: ‘To sense each creature singing the hymn of its existence is to live joyfully in God’s love and hope.’ Laudato Si, (85)

Can we reflect this divine goodness in our own lives by resolving to protect and honor the gift of creation with renewed energy and commitment?

A SPECIAL NEW YEAR GIFT
Do you struggle with gift ideas for a loved one? Or maybe your New Year’s resolution is to take better care of yourself—both body and soul? Give him or her or yourself a 3 day retreat free of home responsibilities and full of spiritual goodness—A Cursillo weekend! Cursillo, a Spanish word meaning a “short course” in Christian living, is a unique retreat experience that is presented largely by lay individuals who share their Christian walk in life through a series of informal talks and discussions. It is open to adult men and women of all Christian denominations and provides an opportunity to reflect on values and goals as Christians and is filled with music, great food, and tremendous humor.

Cursillo weekends are held at the Angela Center in Santa Rosa. Our next weekend will be March 23rd–26th for men, and March 30th-April 2nd for women.

January 29th, at the 10:00am Mass, you will hear from parishioners who have made Cursillo, and after Mass, there will be an opportunity to ask questions and pick up an application. Come join us and give the gift that may last a lifetime!

WALK FOR LIFE: The annual Walk for Life West Coast, which draws 50,000 participants each year, takes place on January 21. Archbishop Salvatore Cordileone begins the day with a special Mass at St. Mary’s Cathedral at 9:30 am. The Walk for Life Rally begins at 10:45 am at the starting point of the Walk, at Civic Center Plaza. There the archbishop will announce the recipient of this year’s Saint Gianna Molla Award for Prolife Heroism. The walk from Civic Center Plaza to Justin Herman Plaza at the foot of Market Street begins at 1:30 p.m. The Walk for Life Committee says: The Mission is to change the perceptions of a society that thinks abortion is an answer, because abortion does violence to women and to their children. The Goal is to be a vocal and visual message, to reach out to women harmed by abortion and to inform society of the damage done to women by abortion. The Action is to peaceably protest abortion, walking through San Francisco every year on or near Jan. 22, the anniversary of the Roe v. Wade Supreme Court decision.

STABLE FAMILIES, STABLE NEIGHBORHOODS
Please join fellow parishioners and MOC (Marin Organizing Committee) congregations and non-profits as we address these important local issues:

STABLE FAMILIES, STABLE NEIGHBORHOODS
Standing for Immigrant Rights and Renter Protections!

Wednesday, January 18 - 7:00-8:30pm
St. Raphael Catholic Church
1104 5th Avenue, San Rafael, CA 94901

Relationships with law enforcement and changes to local policy can diminish the risk for immigrant families in Marin County. On January 18, join us to stand for the rights of immigrants and make progress toward more stable families and neighborhoods for all people!

Health News

Health

Now is the time you should be thinking about your medical screenings for 2017: breast, pap, prostrate, colon and skin cancers. If you are on blood pressure medication, have your blood pressure checked regularly. You can check your blood pressure at CVS. If you are a diabetic be sure your blood glucose is checked on a regular bases.

The flu season is here; it is not too late to get a flu shot. If you are a senior make sure you get the extra strength flu shot, also, make sure you have the new pneumonia vaccine.

During this time remember to:

1. Eat properly and drink plenty of fluids (more water and less coffee and alcohol).
2. Sleep at least 6-8 hours per night. Children require 8-10 hours. Many children do not get enough sleep.
3. Exercise whenever you can, it helps keep you fit and reduces stress. Stress effects your immune system.
4. Remember to laugh and play.

Why should children have all the fun?

Have a Happy Healthy New Year!

God Bless, Rose

Stable Families, Stable Neighborhoods

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St. Anselm Church Calendar of Events

SAVE THE DATE
January 14 & 15 – Wine & Cheese after 5:00 pm Mass
January 29 – St. Anselm School Open House 11:30-1:00
January 30 – Fr. Joe Eagan will speak – 7:30 – Hall
February 9 – Valentine Tea – 3:00 Hall

Events Near St. Anselm Parish

Anniversary Mass at Cathedral for National Marriage Week
Saturday, February 4, 10:00 am St. Mary’s Cathedral, 1111 Gough St., San Francisco
Ed Hopfner HopfnerE@SFArch.org 415-614-5680 anniversarymass.info

The Archdiocese of San Francisco will offer its annual Wedding Anniversary Mass on February 4, at the Cathedral of Saint Mary of the Assumption, at 10:00 am. We will honor wedding anniversaries for those celebrating sacramental marriages reaching “5-year” milestones (5, 10, 15, 20, 25, 30, 35, 40, 45, or more) in 2017. The principal celebrant will be the Most Reverend Carlos Sevilla, Bishop Emeritus of Yakima, Washington, and formerly a Bishop of San Francisco. Registration is required by January 27 at anniversarymass.info, and a donation of $20 is requested. For more information, use the email or phone above.

Do you want to make a difference in our community?
Volunteer with your neighbors to help us understand homelessness in Marin County.
On Friday, January 27th, Marin County will be conducting a 2017 Point-in-Time Count to understand the number of homeless individuals living throughout the county. We are in need of community volunteers to work alongside currently or previously homeless guides to count the number of homeless individuals they see across all areas of Marin County. There will be a 1-hour training on January 20th to prepare you for the count, and you do not need any experience with homelessness. The data we collect will be combined with shelter and survey data to give us a valid, accurate snapshot of homeless individuals, youth, and families. The resulting data will also help secure Marin County’s funding for homeless services for the following year.
Please visit the online registration link at https://www.surveymonkey.com/r/2017marinpit; or feel free to call Connie Chu, Applied Survey Research, at (408) 813-2419 or Eric Petersen, County of Marin, at (415) 473-3340

Come And See Days – Cloistered Dominican Nuns:
For Catholic single women ages 18-38. January 21, July 15, & October 21. Contact Sr. Joseph Marie at vocations@nunsmenlo.org for more information and to register.
TREASURES FROM OUR TRADITION
This year, in the United States the celebration of the Epiphany falls on January 8, but the traditional date for the Epiphany is January 6. The date we know as January 6 was established as the solstice in Egypt in 1996 BC, but the Egyptian calendar lost a full day every 128 years. Twenty centuries later the actual solstice had migrated to December 25. People still kept January 6 for the solstice celebration, but December 25, matching nicely with the Roman pagan feast of the Unconquered Sun, launched an extended solstice holiday. By the time of the early church, the whole period of twelve days was celebrated just about everywhere.

Christians began to celebrate Christ as the true light of the world in four themes: the Nativity, the manifestation to the Gentiles, the baptism of the Lord, and the wedding feast at Cana. That was entirely too much for one day to handle. A twelve-day season was ready to be adapted, so Christians borrowed from the pagan calendar for their own season of light. Thus early Christian celebrations of the Christmas season extended from one date for the solstice, December 25, to the older date, January 6. The darkest time in the Northern Hemisphere could now be filled with the Christian observance of the arrival of the Light of the World.
Bulletin Number: 513520

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Ross, CA 94957-1061

Telephone: 415-453-2342

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Email: st.anselmoffice@att.net

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