April 30, 2017
Third Sunday of Easter

You have made known to me the paths of life; you will fill me with joy in your presence. -- Acts 2:28

- Mass Schedule: Saturday Vigil 5:00pm, Sunday 8:00am, 10:00am, and 5:00pm
- Weekday Mass: Monday through Friday 8:00am, Tuesday & Thursday 5:30pm (Tuesday 8:00am is a Communion Service)
- Parish Office Hours: 8:30am-1:00pm, 2:00pm-5:00pm
- Holy Day Masses: 8:00am, 12:00pm, 5:30pm
- Reconciliation: Saturdays 4:00pm-4:45pm, or by appointment
- Baptism: Preparation Class required. Call parish office
- Sacrament of the Sick: Anytime upon request. Contact Pastor.
- Matrimony: Six months notification required prior to desired date. Contact Pastor.
- St. Vincent de Paul Help Desk: (415) 454-0366
- Helping Hands: (415) 453-2342
- Eucharist for Homebound: (415) 453-2342

St. Anselm’s Parish is a Catholic community formed by families, individuals and clergy that worship together, celebrate the sacramental life of the Church, and seek to live the Gospel of Jesus Christ everyday. We welcome, serve, and educate.
Dear Parishioners,

The Emmaus story from the Gospel reading of this weekend has indeed a Eucharistic theme. Jesus explains the Scriptures to the two disciples and then he ‘breaks bread’ with them.

Breaking bread has always been an expression used for the celebration of the Eucharist. Luke wrote, “While Jesus was with them at table, he took bread, said the blessing, broke it and gave it to them.” The Eucharist is the central celebration in the life of a Christian because Christ is truly present in the breaking of the word and in the breaking of the bread. The Eucharistic celebration gives us food for the journey! We are fed by the word of God and by the body and blood of Christ. May we recognize the presence of Christ in our Eucharistic celebrations!

Yours Sincerely,
Fr. Jose Shaji, Pastor

BRINGING HOLY COMMUNION TO HOMEBOUND PARISHIONERS: If you know of a parishioner who is unable to attend Mass but would like to receive Holy Communion, please contact the Rectory so that arrangements can be made for a Eucharistic Minister to bring the parishioner Holy Communion. Homebound includes anyone who is unable to attend Mass on an ongoing basis or anyone who is temporarily unable to go to Mass due to, for instance, a surgery, illness or injury.

SAINTS AND SPECIAL OBSERVANCES
Sunday: Third Sunday of Easter
Monday: St. Joseph the Worker
Tuesday: St. Athanasius
Wednesday: Ss. Philip and James
Thursday: National Day of Prayer
Friday: First Friday; Cinco de Mayo
Saturday: First Saturday

St. Anselm Church Stewardship
Registered Parishioner Families 2017= 1675
Easter Sunday: $24,030
April 23rd: $5,929
2nd Collection: Home Missions- $1,136

*Please log onto Parish Pay and update your CC expiration date!

SECOND COLLECTIONS:
St. Vincent de Paul– April 30
St. Anselm School– May 7
Catholic Charities/CYO– May 14
Centennial Building & Maintenance– May 21
Catholic Communications– May 28

Sick Relatives & Friends
As a community we ask God’s blessing for the ill:
Mark Gardner, Garth Stanton, Steve Leland, Christopher Goward, Richard Green, Barbara Gilligan, Irene Lorente, Luisa Espinosa, Terese Marklinger, Vincent Boyle, Jeanie Paganetti, Al Dallara, Rita Wardner, Allison Chichizola, Sara Stander, Archbishops Quinn & Niederauer, Karen Poligono, John Weiser, Bob Buckley, Cherie Visconti, Christine Spada, Mary Margaret Denhey, John Alkazin, Joan Madden, Susan Blair, Joy Snyder, Erin Badala

For those serving in the military: Adam Dear, Robert Ernest Gebhardt, Tyler Lopez, Alex Boatwright, Sean Courtz, Elizabeth Baumsteiger, Christian Miller, Robert Kent

READINGS FOR THE WEEK
Monday: Acts 6:8-15; Ps 119:23-24, 26-27, 29-30; Jn 6:22-29 or, for the memorial,
Gn 1:26 -- 2:3 or Col 3:14-15, 17, 23-24; Ps 90:2-4, 12-14, 16; Mt 13:54-58
Tuesday: Acts 7:51 -- 8:1a; Ps 31:3cd-4, 6, 7b, 8a, 17, 21ab; Jn 6:1-15
Wednesday: 1 Cor 15:1-8; Ps 19:2-5; Jn 14:6-14
Thursday: Acts 8:26-40; Ps 66:8-9, 16-17, 20; Jn 6:44-51
Friday: Acts 9:1-20; Ps 117:1bc, 2; Jn 6:52-59
Saturday: Acts 9:31-42; Ps 116:12-17; Jn 6:60-69

MASS INTENTIONS

<table>
<thead>
<tr>
<th>Day</th>
<th>May</th>
<th>Time</th>
<th>Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon.</td>
<td>May 1</td>
<td>8:00am</td>
<td>Norman Burglin</td>
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<tr>
<td>Tues.</td>
<td>May 2</td>
<td>8:00am</td>
<td>Communion Service</td>
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<tr>
<td>Wed.</td>
<td>May 3</td>
<td>8:00am</td>
<td>Kathryn &amp; Robert Easley</td>
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<tr>
<td>Thurs</td>
<td>May 4</td>
<td>8:00am</td>
<td>Elwin “Buzzie” Ramponi</td>
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<td>Fri.</td>
<td>May 5</td>
<td>8:00am</td>
<td>Lisa Campagna</td>
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<td>Sat.</td>
<td>May 6</td>
<td>5:00pm</td>
<td>Jonathan Scott</td>
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<tr>
<td>Sun.</td>
<td>May 7</td>
<td>8:00am</td>
<td>Frank Carroll</td>
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Parish People
Coming Soon – The Festival of Fun! - May 20, 2017

Parishioners are welcome at the Cake Wheel Booth, a long-standing community tradition. Volunteers are needed to help staff the booth (2-hour shifts) during the Festival. Baked goods are appreciated (nut-free please) for the day’s prizes. Join the fun! Please contact Maria Kimball at: mkiball@stanselmschool.com or call 415-453-6209

SCRIP PROGRAM

At St. Anselm School, the Scrip program is a major fundraiser that allows us to keep our tuition costs lower than most other Catholic schools; and, it is very easy to participate.

Scrip is available through Standing Orders, which can be given to the office. We also have inventory on hand that can be purchased from the office. Please call the School Office to place an order (415-454-8667) or you can pick up an order form from the plastic shelves in the Church’s front entrance.

ON THE ROAD

One central metaphor employed to describe the Christian life is a journey. In today’s second reading, Peter addresses the early Christian community: “Conduct yourselves with reverence during the time of your sojourning” (1 Peter 1:17). When we think of a journey, we normally think of some kind of movement from point A to point B. The Christian journey, begun in the waters of baptism (point A) has as its ultimate destination eternal life with God in heaven (point B). Unfortunately we find ourselves on all kinds of detours along the way. Because of sin, we make foolish turns and sometimes seem unable to detect the presence of the Lord. Today’s story of the two disciples on their way to Emmaus illustrates for us the fact that, even when we are dejected or on one of our many detours, the Lord is there, walking right beside us.

Electricity: The effect of our sharing in the Body and Blood of Christ is to change us into what we receive.- Pope Saint Leo the Great

Laughing Matters

New research shows why big yuks have big benefits.

Doctors have long suspected that laughter is good for your health. Now new research sheds some light on a comic cure: It seems the muscular exertion required to let out a good guffaw releases endorphins, those feel-good brain chemicals that boost mood and can also reduce pain. Other studies have found that laughing lowers blood pressure and improves the immune system. The one caveat: You should be “laughing till it hurts,” as opposed to slightly giggling, says lead author Robin Dunbar, Ph.D., an Oxford psychologist. In recent years laughter-therapy workshops-in which instructors teach participants how to produce those deep belly laughs—have proliferated, most notably in cancer centers. Want a home remedy? Forget the hot bowl of chicken soup and watch Duck Soup instead.

Green Tip: Every year, the average U.S. household uses over 100,000 gallons of water. In many developing countries, there are days or even months families go without access to water because of extreme drought. Some 780 million people around the world lack access to clean water. That’s more than twice the population of people living in the United States. Source. Pacific Institute. Learn 25 ways you can save water in your home and yard from Earth Easy: www.eartheasy.com
St. Anselm Church Calendar of Events

May 14– Happy Mother’s Day
May 20– Festival of Fun– 10:00am-8:00pm–
St. Anselm School
May 21– Wine & Cheese– Following 5:00pm
Mass– Hall
May 29– Memorial Day– Parish Office Closed
June 2– Baccalaureate Mass 11:00am

Events Near St. Anselm Parish

GATHER@GRAND– Dominican Sisters of San Rafael-You are invited to join us on Wednesday, May 3, from 7:00 – 8:30 p.m.
An evening with Sister Marilyn Lacey, RSM
Mercy and Justice and Joy:
Working in the war zone of South Sudan
All are welcome! There will be light refreshments and time for your questions. The Gathering Space—
Dominican Sisters Center-1520 Grand Ave, San Rafael. Be sure to RSVP– 415-453-8303 or Communityrelations@sanrafaelop.org
www.sanrafaelop.org

ST. RAPHAEL &
ST. ISABELLA
CONFERENCES OF THE
ST. VINCENT DE PAUL
SOCIETY 13TH ANNUAL
BOCCCE BALL
TOURNAMENT AND
PICNIC

Sunday, May 7, 2017 is the date for the 13th Annual Bocce Ball Tournament and Picnic benefitting the St. Raphael & St. Isabella Conferences of the St. Vincent de Paul Society. Join us for a day of fun including a delicious BBQ lunch provided by Marin Joe’s Restaurant.

Picnickers and spectators of all ages are welcome, as well as players. You will be helping a worthy cause and 100% of all proceeds fund our work to help the needy in our parishes.

For information and/or sign up forms contact: Dean DeGiovanni at 415 485-3855 or Joe Martino at 415 479-8477

St. Vincent de Paul Society Vehicle Program

St. Vincent de Paul of Marin has launched a new vehicle donation program in collaboration with SVDP National’s vehicle vendor, CARS. If you have a car that you would like to donate for a tax deduction, you can call 800-322-8284 or go online and fill out the donation form at http://vinnies.careasy.org/HOME.html. Your gift supports the SVDP Free Dining Room in San Rafael which serves over 500 meals daily.
ST. ANSELM CELEBRATES EARTH DAY  On a bright and clear Saturday, April 22nd, a group from our parish celebrated Earth Day with a hike to Ring Mountain. Led by Father Jose and sponsored by Saint Anselm's Green Team, we hiked the trail from Tiburon to Turtle Rock. During our ascent, we marveled at the profusion of wild flowers which bathed the rolling hills in gold: Tidy Tips, Golden Fields, California Poppies, Lacy Yarrow, and some fragile beauties we couldn't name. Turtle Rock rewarded us with a gorgeous birds' eye view of the Bay and the city of San Francisco which we all absorbed with gratitude and wonder. After a short prayer service, which included an Old Testament Reading, Psalms, and Father Jose's reflections, we prayed Pope Francis' "A Prayer for Our Earth:" a wonderful celebration of God's glorious gift of nature. We hope to make this day an annual event.
Bulletin Number:
513520

Church Name and Address:
St. Anselm
97 Shady Lane
PO Box 1061
Ross, CA  94957-1061

Telephone:  415-453-2342

Contact Person:  Sissy Ratto

Email:  st.anselmoffice@att.net

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