Faith, hope, and love remain, these three; but the greatest of these is love.-- 1 Corinthians 13:13
Dear Parishioners,

The Gospel reading of today is a continuation of last Sunday’s reading. We see the reaction from the people of Nazareth to the words Jesus spoke. The people could not believe that the words of the prophet Isaiah could be applied to Jesus, after all he was the carpenter’s son. Their admiration turned into doubt and then into hostility. On hearing that the benefits they had rejected through lack of faith would be offered to the Gentiles, the people became hostile to him. There is a deeper reason why they were angry. It was because he showed the ugly things that lay hidden in them. Unfortunately, religion sometimes brings out the worst in people. It can make people narrower, more bigoted, and more apt to hate and kill. This kind of thing still happens today. Religion can get distorted and becomes synonymous with narrow-mindedness, small-heartedness and intolerance. Religion can also bring out the best in people. It makes people more loving and tolerant. True religion liberates the heart and the mind and fosters harmonious relationships with others! The question each of us must ask ourselves is: What does religion bring out in me?

Yours Sincerely,
Fr. Jose Shaji

On February 16th & 17th, join your fellow parishioners for wine and cheese along with stimulating conversation following the 5:00pm Mass. The gathering will take place in Centennial Hall.

LOVE IN OUR WORKS- Our Lord does not care so much for the importance of our works as for the love with which they are done. -Teresa of Ávila

### MASS INTENTIONS

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Person(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon.</td>
<td>Feb. 4</td>
<td>8:00am</td>
<td>Maureen McCuley (INT)</td>
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<tr>
<td>Tues.</td>
<td>Feb. 5</td>
<td>8:00am</td>
<td>Communion Service Nancy Melican (INT)</td>
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<td></td>
<td></td>
<td>5:30pm</td>
<td>Nancy Melican (INT)</td>
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<tr>
<td>Wed.</td>
<td>Feb. 6</td>
<td>8:00am</td>
<td>Walter Innes (D)</td>
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<td>Thurs</td>
<td>Feb. 7</td>
<td>8:00am</td>
<td>Charlotte Dooley (INT) James &amp; Laurie Sibling (INT)</td>
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<td></td>
<td></td>
<td>5:30pm</td>
<td>Charlotte Dooley (INT)</td>
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<tr>
<td>Fri.</td>
<td>Feb. 8</td>
<td>8:00am</td>
<td>Carl Augusto (INT)</td>
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<tr>
<td>Sat.</td>
<td>Feb. 9</td>
<td>5:00pm</td>
<td>Robert &amp; Elaine Innes (INT)</td>
</tr>
<tr>
<td>Sun.</td>
<td>Feb. 10</td>
<td>8:00am</td>
<td>Parish People John Savant (D) Gary &amp; Cecile Gutchell (INT)</td>
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<td></td>
<td></td>
<td>10:00am</td>
<td>Parish People</td>
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<tr>
<td></td>
<td></td>
<td>5:00pm</td>
<td>Parish People</td>
</tr>
</tbody>
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### Sick Relatives & Friends

As a community we ask God’s blessing for the ill:

For the Repose of the Soul of: John Komo, Jeff Scales, Errol Friedman, Greg Friedman, Kenneth Jester

For Our Military: Robert Gebhardt, Tyler Lopez, Alex Boatwright, Sean Courtz, Elizabeth Baumsteiger, Christian Miller, Robert Kent, Shane Morgan, William Ghiringhelli, Daniel Lowe

### St. Anselm Church Stewardship

Registered Parishioner Families 2018-1675
Collection: $4,443
2nd Collection: N/A

Electronic Weekly Donations- $2,625.00

Please visit our church website to sign up for Electronic Donations

Second Collections:
St. Patrick Seminary- February 3
Building & Maintenance- February 17
St. Anselm School- March 3

### READINGS FOR THE WEEK

- **Monday**: Heb 11:32-40; Ps 31:20-24; Mk 5:1-20
- **Tuesday**: Heb 12:1-4; Ps 22:26b-28; 30-32; Mk 5:21-43
- **Wednesday**: Heb 12:4-7, 11-15; Ps 103:1-2, 13-14, 17-18a; Mk 6:1-6
- **Thursday**: Heb 12:18-19, 21-24; Ps 48:2-4, 9-11; Mk 6:7-13
- **Friday**: Heb 13:1-8; Ps 27:1, 3, 5, 8b-9; Mk 6:14-29
- **Saturday**: Heb 13:15-17, 20-21; Ps 23:1-6; Mk 6:30-34
- **Sunday**: Is 6:1-2a, 3-8; Ps 138:1-5, 7-8; 1 Cor 15:1-11 [3-8, 11]; Lk 5:1-11
Congratulations to our St. Anselm School students who won awards for the Annual Archdiocesan Respect Life Essay Contest. We are so proud of you!

Grades 1 & 2
Grand Prize- Hudson Hertel
Honorable Mention- Matthew Warmby

Grades 3 & 4
1st Prize- Conner Baird
Honorable Mention- Grace Basso & Chiara Machotka-Farley

Grades 5 & 6
Honorable Mention- Dempsey Boone

Grades 7 & 8
1st Prize- Alessandra Alioto
Honorable Mention- Gracyn Lovette

A One Day Retreat
Join Marin Catholic’s Dominican Sisters of Mary, Mother of the Eucharist, for a contemplative and meditative retreat.

This Retreat is a chance for men and women to enjoy being loved by God. It is a gift of time in prayer with one another, for one another, and for the St. Anselm Community.

May our God who is rich in mercy, bless us all.

WHEN: March 2, 9:00am to 3:00pm
WHERE: St. Anselm Parish Hall
Lunch will be provided.
Donation of $20 Requested
Call 415-453-2342 to register

Teachings on Tap
St. Anselm Church is so excited to extend an invitation to all adults 21 and up for our new monthly ministry called Teachings on Tap. We will meet every third Thursday of the month at a local restaurant for appetizers, drinks and conversation about God. Free to attend. First sit of drinks is on us.

Join us Thursday, February 21st at 6:30pm.
Cucina: 510 San Anselmo Ave, San Anselmo, CA 94960.

Must RSVP by 2/18 to attend. Please contact Natalie, at DRE@SAINTANSELM.ORG. Visit our webpage to add yourself to our contact list.

This is the time of the year I remind you to think about what you must do to keep yourself well. Think about medical screenings: breast, cervical, prostate, colon, and skin cancers. If you are on blood pressure medications, have your blood pressure checked regularly. If you are a diabetic be sure your blood glucose is checked on a regular basis.

Remember to get your vaccines: flu, pneumonia (the most recent vaccine) shingles (this is a newer vaccine).

Make an appointment with your doctor for a wellness check-up. Ask for a thyroid test, if you haven’t had one, a Ca-125 if there is a history of ovarian cancer in your family. Ask the doctor to listen to the sides of your neck, to listen to the blood flow.

It has come to my attention that many people stop their medicines when ordered for a specific time. The people give the reason, when asked why they stopped, “I felt better.” You Feel Better Because You Are On The MEDICINE!!!! Please do not stop medicines unless you consult your doctor; there can be problems if you just stop certain medicines.

Happy Healthy New Year,
God Bless,
Rose
## St. Anselm Church Calendar of Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 9</td>
<td>First Reconciliation</td>
<td>10:00am</td>
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<tr>
<td>February 14</td>
<td>Valentine Tea Party</td>
<td>3:00pm Hall</td>
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<tr>
<td>February 16-17</td>
<td>Wine &amp; Cheese</td>
<td>after 5:00pm</td>
<td>Hall</td>
</tr>
<tr>
<td>March 2</td>
<td>Retreat</td>
<td>9:00am-3:00pm</td>
<td>Hall</td>
</tr>
</tbody>
</table>

## Events Near St. Anselm Parish

Persons with special needs (shut-ins, developmentally disabled, etc.) who would enjoy fellowship are cordially invited to the Marin Handicapables Mass and Luncheon on **Saturday, February 16**. This event will be held at Marin Catholic High School, 675 Sir Francis Drake Blvd., Kentfield, with Mass at noon in the Chapel, followed by lunch and entertainment in the Student Center. Sponsors are The Order of Malta Western Association. There is no fee to attend, but reservations are requested. RSVP: Cheryl Giurlani, 415.308.4608 or cherylgiurlani@gmail.com.

### Thursday, February 21, 2019 - 7:00 - 8:30 pm

An evening with Laura Moreno, MS, PhD

Energy and Resources Group at University of California, Berkeley

**Food Waste: The Impact on Climate Change**

It is estimated that around 40% of the edible food in the United States never gets eaten, with a large portion of that (~40%) generated by households. Dr. Laura Moreno is deeply passionate about reducing food waste. From digging through trash to looking inside of people’s refrigerators, she researches household-level food waste in the United States with a focus on measurement and behavior.

All are welcome! We will have light refreshments and time for your questions.

Be sure to RSVP by email [CommunityRelations@sanrafaelop.org](mailto:CommunityRelations@sanrafaelop.org) or call 415 453 8303. The Gathering Space - Dominican Sisters Center  
1520 Grand Avenue, San Rafael between Acacia and Locust Streets

### 2019 Catholic Men’s Conference - Saturday, March 9, 2019, 9:00 am – 3:30 pm

St. Bartholomew Church, 600 Columbia Dr., San Mateo  
Ed Hopfner
Hopfner@sfcarch.org 415-614-5680 SFBayMen.info

The Bay Area Catholic Men’s Conference in 2018 was a great success—2019 will be even better. Join men from around the Bay Area to be energized and inspired by an outstanding lineup of speakers. The day includes Mass with Auxiliary Bishop Robert F. Christian O.P., and opportunities for Confession. Registration includes lunch; “early-bird” registration is open now and available until the end of January. Fathers are encouraged to bring their sons (teens) for a reduced rate. For more information, and registration, visit the website, above. With questions, contact Ed Hopfner, above.
YOU ARE CORDIALLY INVITED
TO
ST. ANSELM’S

VALENTINE TEA PARTY

THURSDAY, FEBRUARY 14th
3:00-4:30 P.M.
CENTENNIAL HALL
PLEASE BRING YOUR OWN
TEACUP
SUGGESTED DONATION-$5.00-
THANK YOU

The Saint Anselm Knitting Club
Lenten Scarf Donation Drive

What is it: A Knitting Club for Students,
Families, and Parishioners of St. Anselm
Parish and School.

Goal: To produce warm winter scarves for those in
need in our community.

Members are asked to Knit (or crochet) one or more
scarves by April 15, 2019 for the Lenten Donation Drive.

Scarves will be given to the clients of Homeward Bound
of Marin: Homeless Shelter and Services.

Details: Size: Our scarves should be 5-7 inches wide
and 48-60 inches long.

Yarn: Mid-weight yarns in washable wool or wool/
acrylic blends (but please no cotton yarn, it’s not
warm and holds moisture)

Colors: Neutral, classic or bright

Yardage: about 200 - 250 depending on yarn weight

Needle size: U.S. 5-9 depending on yarn weight

Completed Scarves can be dropped off or mailed to:
St Anselm School,
40 Belle Avenue
San Anselmo, Ca 94960

Donate Supplies to the Knitting Club: We accept
donations of mid-weight yarn and new or used knitting
needles size: 5 - 9.

Questions?: Contact Maria Kimball
mkimball@stanselmschool.com
Bulletin Number: 513520

Church Name and Address: St. Anselm
97 Shady Lane
PO Box 1061
Ross, CA 94957-1061

Telephone: 415-453-2342

Contact Person: Sissy Ratto

Email: st.anselmoffice@att.net

Software
   MS Publisher 2016
   Windows 10
   Adobe Acrobat DC

Transmission Time:
   9:30am Tuesday

Number of Pages sent:
   6 (including information page)