February 10, 2019
The Fifth Sunday in Ordinary Time

Then I heard the voice of the Lord saying, Whom shall I send? Who will go for us? Here I am, I said, send me!

-- Isaiah 6:8
Dear Parishioners,

The first reading speaks about the call of Isaiah to be a prophet. The vision of God that he received in the temple evokes in him a sense of his sinfulness. Cleansed of his sins, without hesitation, he responds to God’s call. The Gospel story of this Sunday is about the call of Peter and his companions. The miraculous catch of fish convinces Peter that Jesus was no ordinary person. Peter sees the holiness of Jesus. This evokes in him a sense of his own sinfulness and unworthiness. Peter asks Jesus to depart from him for he was a sinful man. Peter had not yet understood the mission of Jesus. He did not know that Jesus came to call sinners to a new way of life. Nevertheless, at the invitation of Jesus, Peter and his companions leave everything and follow Jesus. We are all called to follow Christ and continue his work of redemption. The call of Isaiah, Peter and his companions tell us that God continues to call imperfect people like you and I to complete his mission on earth!

Yours Sincerely,
Rev. Jose Shaji, Pastor

On February 16th & 17th, join your fellow parishioners for wine and cheese along with stimulating conversation following the 5:00pm Mass. The gathering will take place in Centennial Hall.

Have you moved? Or changed your phone number or email address? Please let us know. We are updating our database and want to make sure the information we have in our database is accurate. 415 453-2342 or st.anselmooffice@att.net.

St. Anselm Church Stewardship
Registered Parishioner Families 2018-1675
Collection: $6,765
2nd Collection: St. Patrick Seminary-$989
Electronic Weekly Donations-$2,625.00
Please visit our church website to sign-up for Electronic Donations
Second Collections:
Building & Maintenance– February 17
St. Anselm School– March 3
Building & Maintenance– March 17
Catholic Relief Services– March 24
St. Vincent de Paul– March 31

READINGS FOR THE WEEK
Monday: Gn 1:1-19; Ps 104:1-2a, 5-6, 10, 12, 24, 35c; Mk 6:53-56
Tuesday: Gn 1:20 -- 2:4a; Ps 8:4-9; Mk 7:1-13
Wednesday: Gn 2:4b-9, 15-17; Ps 104:1-2a, 27-28, 29bc-30; Mk 7:14-23
Thursday: Gn 3:1-8; Ps 32:1-2, 5-7; Mk 7:31-37
Friday: Gn 3:9-24; Ps 90:2-4abc, 5-6, 12-13;
Mk 8:1-10
Saturday: Jer 17:5-8; Ps 1:1-4, 6; 1 Cor 15:12, 16-20;
Lk 6:17, 20-26

As a community we ask God’s blessing for the ill:

For the Repose of the Soul of: Annie Williams, Judith Long

For Our Military: Robert Gebhardt, Tyler Lopez, Alex Boatwright, Sean Courtz, Elizabeth Baumsteiger, Christian Miller, Robert Kent, Shane Morgan, William Ghiringhelli, Daniel Lowe

MASS INTENTIONS

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Name/Role</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon.</td>
<td>Feb 11</td>
<td>8:00am</td>
<td>Errol Friedman (D)</td>
</tr>
<tr>
<td>Tues.</td>
<td>Feb 12</td>
<td>8:00am</td>
<td>Communion Service Special Intention</td>
</tr>
<tr>
<td>Wed.</td>
<td>Feb 13</td>
<td>8:00am</td>
<td>Errol Friedman (D)</td>
</tr>
<tr>
<td>Thurs</td>
<td>Feb 14</td>
<td>8:00am</td>
<td>Fr. John Mitchell, S.J. (INT) Christopher Allen Cook (D)</td>
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<tr>
<td>Fri.</td>
<td>Feb 15</td>
<td>8:00am</td>
<td>Fr. Chi Ngo, S.J. (INT)</td>
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<tr>
<td>Sat.</td>
<td>Feb 16</td>
<td>5:00pm</td>
<td>Special Intention</td>
</tr>
<tr>
<td>Sun.</td>
<td>Feb 17</td>
<td>8:00am</td>
<td>Special Intention Colin Schreck (D) Parish People</td>
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</tbody>
</table>

Sick Relatives & Friends

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Here’s a special Valentine’s Day message from our hearts to yours: The American Heart Association’s Life’s Simple 7 steps to a healthier life can help you remain someone’s Valentine even longer.

1. **Manage Your Blood Pressure**
   - High Blood Pressure is a major risk factor for heart disease and stroke.

2. **Control Your Cholesterol**
   - High cholesterol contributes to plaque, which can clog arteries and lead to heart disease and stroke.

3. **Reduce Your Blood Sugar**
   - Over time high levels of blood sugar can damage your heart, kidneys, eyes and nerves.

4. **Get Active**
   - Daily physical activity increases your length and quality of life.

5. **Eat Better**
   - A healthy diet is one of your best weapons for fighting cardiovascular disease.

6. **Lose Weight**
   - When you shed extra fat and unnecessary pounds, you reduce the burden on your heart, lungs, blood vessels and skeleton.

7. **Stop Smoking**
   - Cigarette smokers have a higher risk of developing cardiovascular disease.

Happy Valentine’s Day, God Bless, Rose

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**Cursillo Weekend**

**Escape** the busyness of your lives to spend 3 remarkable days, this May, experiencing God’s love in ways you could have never imagined. The purpose of Cursillo is to increase one’s understanding of what it means to be Christian and to share ways that will sustain you on a lifetime faith journey as you return to your parish. Yes, there will be talks, prayers, liturgy, but also much fun and laughter.

(Who doesn’t need laughter)

Think of the investments you make during your life. How about making an Investment in your soul by attending a Cursillo weekend? You won’t regret it!

**MARIN CURSILLO IS NOW ACCEPTING CANDIDATE APPLICATIONS FOR:**

**WOMEN’S WEEKEND**
- Thursday evening, May 2 to Sunday afternoon, May 5

**MEN’S WEEKEND**
- Thursday evening, May 16 to Sunday afternoon, May 19

Applications can be obtained after Mass in front of Church or in Centennial Hall (if raining) or in the Rectory office during the week.

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**Teachings on Tap**

St. Anselm Church is so excited to extend an invitation to all adults 21 and up for our new monthly ministry called **Teachings on Tap**. We will meet every third Thursday of the month at a local restaurant for appetizers, drinks and conversation about God. Free to attend. First sit of drinks is on us.

Join us **Thursday, February 21st at 6:30pm.**
Cucina: 510 San Anselmo Ave, San Anselmo, CA 94960.
Must RSVP by 2/18 to attend. Please contact Natalie, at DRE@SAINTANSELM.ORG. Visit our webpage to add yourself to our contact list.

**CHOOSING SIDES**-

My great concern is not whether God is on our side; my great concern is to be on God’s side. --Abraham Lincoln
St. Anselm Church Calendar of Events

February 14-Valentine Tea Party-3:00pm Hall
February 16-17– Wine & Cheese-after 5:00pm
Mass– Hall
February 18—Office is Closed
March 2-Retreat– 9:00am-3:00pm– Hall
March 6– Ash Wednesday

Events Near St. Anselm Parish

Persons with special needs (shut-ins, developmentally disabled, etc.) who would enjoy fellowship are cordially invited to the Marin Handicapables Mass and Luncheon on Saturday, February 16. This event will be held at Marin Catholic High School, 675 Sir Francis Drake Blvd., Kentfield, with Mass at noon in the Chapel, followed by lunch and entertainment in the Student Center. Sponsors are The Order of Malta Western Association. There is no fee to attend, but reservations are requested. RSVP: Cheryl Giurlani, 415.308.4608 or cherylgiurlani@gmail.com.

Thursday, February 21, 2019 - 7:00 - 8:30 pm
An evening with Laura Moreno, MS, PhD Energy and Resources Group at University of California, Berkeley
Food Waste: The Impact on Climate Change
It is estimated that around 40% of the edible food in the United States never gets eaten, with a large portion of that (~40%) generated by households. Dr. Laura Moreno is deeply passionate about reducing food waste. From digging through trash to looking inside of people’s refrigerators, she researches household-level food waste in the United States with a focus on measurement and behavior.
All are welcome! We will have light refreshments and time for your questions.
Be sure to RSVP by email CommunityRelations@sanrafaelop.org or call 415 453 8303. The Gathering Space - Dominican Sisters Center
1520 Grand Avenue, San Rafael between Acacia and Locust Streets

2019 Catholic Men’s Conference -Saturday, March 9, 2019, 9:00 am – 3:30 pm St. Bartholomew Church, 600 Columbia Dr., San Mateo Ed Hopfner Hopfner@sfarch.org 415-614-5680 SFBayMen.info The Bay Area Catholic Men’s Conference in 2018 was a great success—2019 will be even better. Join men from around the Bay Area to be energized and inspired by an outstanding lineup of speakers. The day includes Mass with Auxiliary Bishop Robert F. Christian O.P., and opportunities for Confession. Registration includes lunch; “early-bird” registration is open now and available until the end of January. Fathers are encouraged to bring their sons (teens) for a reduced rate. For more information, and registration, visit the website, above. With questions, contact Ed Hopfner, above.
St. Anselm Church Middle School Youth Ministry
On Sunday, January 27th after the 5pm mass, youth from our community came together to attend a “meet and greet” social for our new Middle School ministry. The youth broke bread together, shared laughs and their faith. To join this new ministry please contact Natalie at Dre@saintanselm.org and also check out our ministry page on our website for all news and calendar of coming events. Join us for our next meeting which is going to be on Sunday, February 24th from 6pm-7:30pm in our parish hall. Dinner and snacks are always included at our meetings.

A One Day Retreat
Join Marin Catholic’s Dominican Sisters of Mary, Mother of the Eucharist, for a contemplative and meditative retreat.

This retreat is a chance for men and women to enjoy being loved by God. It is a gift of time and prayer with one another, for one another, and for the St. Anselm community.

May the God who is rich in mercy, bless us all.

WHEN: March 2, 2019 9am to 3pm
WHERE: St. Anselm Parish Hall
Lunch will be provided.
$20 donation recommended.
Call 415-453-2342 to register.
Bulletin Number:
513520

Church Name and Address:
St. Anselm
97 Shady Lane
PO Box 1061
Ross, CA  94957-1061

Telephone:  415-453-2342

Contact Person:  Sissy Ratto

Email:  st.anselmooffice@att.net

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   Windows 10
   Adobe Acrobat DC

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