July 21, 2019
Sixteenth Sunday in Ordinary Times

It is [Christ] whom we proclaim, admonishing everyone and teaching everyone with all wisdom, that we may present everyone perfect in Christ.

- Colossians 1:28b

St. Anselm’s Parish is a Catholic community formed by families, individuals and clergy that worship together, celebrate the sacramental life of the Church, and seek to live the Gospel of Jesus Christ.
Dear Parishioners,

The Gospel story of this Sunday is the story of Jesus enjoying the hospitality of Martha and Mary. Martha is busy with serving and Mary is doing nothing but sitting at the feet of Jesus listening to him. Jesus tells Martha, “Mary has chosen the better part and it will not be taken from her.” Our sympathy is with Martha. It might seem that Jesus was unfair to Martha. She was so very anxious and busy that she did not have the time to listen to Jesus. Martha and Mary are like the two sides of the same coin. Martha stands for activity and work. Mary stands for listening to Jesus which is prayer, reflection and contemplation. Martha and Mary are about our own lives. It is about how we should strike a healthy balance between the activities of our busy lives and time for silence and prayer. Both are absolutely necessary to have a balanced spiritual life!

Yours Sincerely,
Fr. Jose Shaji, Pastor

Going on vacation?
Go to www.masstimes.org to locate a church near you. An easy way to be sure that St. Anselm receives your Offertory while you are away is by going onto the church website and signing-up to make electronic fund donations. Thank you

SAINTS AND SPECIAL OBSERVANCES
Sunday: Sixteenth Sunday in Ordinary Time
Monday: St. Mary Magdalene
Tuesday: St. Bridget
Wednesday: St. Sharbel Makhlouf
Thursday: St. James
Friday: Ss. Joachim and Anne
Saturday: Blessed Virgin Mary

St. Anselm Church Stewardship
Registered Parishioner Families 2019- 1675
1st Collection: $4,320
Electronic Weekly Donations-$2,625

Please visit our church website to sign-up for Electronic Donations
Second Collections:
August 11- Military Service

As a community we ask God’s blessing for the ill:

For the Repose of the Soul: Judie McDonald, Ed Bennett, Grace Komo, Marietta Oliver, Gary Zodrow
For Our Military: Robert Gebhardt, Tyler Lopez, Alex Boatwright, Sean Courtz, Elizabeth Baumsteiger, Christian Miller, Robert Kent, Shane Morgan, William Ghiringhelli, Daniel Lowe

READINGS FOR THE WEEK
Monday: Sg 3:1-4b or 2 Cor 5:14-17; Ps 63:2-6, 8-9;
Jn 20:1-2, 11-18
Tuesday: Ex 14:21 -- 15:1; Ex 15:8-10, 12, 17;
Mt 12:46-50
Wednesday: Ex 16:1-5, 9-15; Ps 78:18-19, 23-28;
Mt 13:1-9
Thursday: 2 Cor 4:7-15; Ps 126:1bc-6; Mt 20:20-28
Friday: Ex 20:1-17; Ps 19:8-11; Mt 13:18-23
Saturday: Ex 24:3-8; Ps 50:1b-2, 5-6, 14-15;
Mt 13:24-30
Sunday: Gn 18:20-32; Ps 138:1-3, 6-8; Col 2:12-14;
Lk 11:1-13
**Registration is Now Open!**

Religious Education—Tk-7th grade  
First Communion—2nd grade and up  
Confirmation—8th grade and up

*Any adults or confirmed youth who would like to be in our teaching rotation, please contact us. We would love to have you on our team.

Please visit our webpage to access the registration forms for all three programs. Contact Natalie at Dre@saintanselm.org for more information.

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**MARRIED COUPLES**

When you care enough to give the very best…… give yourself and your spouse a Worldwide Marriage Encounter Weekend. The next Marriage Encounter Weekends include: Aug 9-11, 2019 in San Francisco, CA and Nov 8-10, 2019 in Menlo Park, CA. For more information and/or to register for a Weekend, visit our website at: sanjosewwme.org or contact Ken & Claanne at applications@sanjosewwme.org or 408-782-1413.

Contact:  
Brian & Jennifer Johnson  
Local Worldwide Marriage Encounter Leaders  
San Jose Encounter  
communications@sanjosewwme.org

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**Teachings on Tap**

St. Anselm Church is so excited to extend an invitation to all adults 21 and up for our monthly ministry called Teachings on Tap. We meet every third Wednesday of the month at a local restaurant for appetizers, drinks and conversation about God. Our next outing is scheduled for **August 21** from 6:30pm-7:45pm (location TBD). Must RSVP to Dre@saintanselm.org by August 19th.

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**The Rite of Christian Initiation for Adults (RCIA)**

*Are you interested in the Catholic Faith?  
Do you need to know more about Catholicism before making a commitment?  
Are you already Catholic but have not received all the sacraments?*

If you answered, YES, to at least one of these three questions, contact DRE@saintanselm.org.

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**St. Anselm Youth Ministry**

St. Anselm Church cordially invites all Middle & High School youth to join our new youth ministry group focused on the call to discipleship through the works of service. The youth will be involved in various fund raising throughout the year to support the various activities of the Youth Group and to support worthy, charitable and humanitarian causes. The youth group decided to use the majority of the funds they raise this year to support organizations that work to End Human Trafficking.

We meet every fourth Sunday in our parish hall from 6pm-7:30pm. Dinner and Snacks are included. OPEN TO ALL youth. If interested contact Natalie at DRE@saintanselm.org.
St. Anselm Church Calendar of Events
And “Save The Date”

July 25– Centering Prayer, 9am Parish Hall
July 28– Youth Ministry. 6pm Parish Hall
August 1– Centering Prayer, 9am Parish Hall
August 10– Cursillo 4th day, 9am Parish Hall
August 21– Teaching on Tap– 6:30pm TBD

What's On Your Mind?

The Marin Organizing Committee advocates for issues affecting our community. The way we determine them is by listening to stories, what is going on in the our lives and those of our families and friends. Since January we have held meetings throughout the County to hear about the critical issues affecting us. We invite you to help frame the issues we will be working on in the future by sharing your stories at a Regional House Meeting here at St. Anselm on Weds., Sept. 4, 6:30-8pm. For more information contact Deacon Bernie O'Halloran (bernieohall@yahoo.com, 415-453-2342) or Pat Langley (117plangley@gmail.com, 415-453-4460)

St. Anselm’s is part of a group of institutions that prepare dinner for up to 70 housing insecure individuals at the First Presbyterian Church in San Rafael on Tuesday nights. We start preparing dinner at 4pm and clean-up is generally finished by 7:30pm. Some volunteers start at 4, others at 5. If you would like to be part of the team of 15 (middle and high school students are welcomed to join an adult family member) or would like more information, contact Pat Langley.
Call: 415-453-4460,
Email: 117plangley@gmail.com

The parish Spiritual Life Committee plans to sponsor a series of Community Conversations based upon Conversation Starters suggested by Commonweal Magazine. Each session will probably last about two hours, and will deal with a single topic around the Church, spirituality, or social justice. Prior to each session, participants will be provided with a series of articles or other readings that will deepen our familiarity with the session’s topic. Deacon Bob will facilitate the Conversation.

Please email Deacon Bob for more information robt88@gmail.com.

We hope you’ll find these Community Conversations interesting and thought-provoking.
The Gospel for this Sunday can sometimes give the impression that Jesus favored Mary over Martha. But if they had both sat down to listen, there would have been no dinner to serve to Jesus. He wasn't just saying, "Sit down and listen." He meant that just as Mary was content to listen to him, so Martha could have been content to prepare the meal for him. Instead of thinking of her work as a gift to Jesus, she was more concerned with why Mary was not helping her. Remember the first reading, in which Abraham insisted on serving the visitors, whom he came to recognize as the Lord and two angels. He was rewarded with the assurance that he would soon have a son.

So simple acts of hospitality can also be how people can welcome the Lord into their homes. Paul reminds us in the second reading that Christ is in us; the church is the body of Christ. When we welcome someone into our homes as a visitor, or into our lives as a friend, we are also welcoming Christ. When we get to know someone better, we are also getting to know Christ. When we are respectful to people who help us, like the maintenance staff, the mail carrier, the waiter, we are also showing respect for the Lord.

And what about that "better part" that Mary had chosen? Are we sometimes like Martha, with too many things on our minds to be aware of the Lord? Sometimes we can't avoid the distractions that are part of life. But if we keep the Lord on our minds, we may be able to see which are distractions to be put aside and which are opportunities to serve the Lord in a different way. Sometimes kids interrupt when we're fixing dinner--maybe they need to be taught how to take care of things by themselves, or maybe they just need a few moments of attention. We can certainly ask the Lord to help us handle distractions. And as we spend more time with the Lord in prayer, we begin to experience God's peace, which gives us the ability to choose the better part.
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