Mass Schedule:
Saturday Vigil 5:00pm,
Sunday 8:00am, 10:00am, and 5:00pm
Weekday Mass:
Monday through Friday 8:00am
(Tuesday 8:00am is a Communion Service)
Tuesday & Thursday 5:30pm
Parish Office Hours:
8:30am-1:00pm, 2:00pm-5:00pm
Holy Day Masses:
8:00am, 12:00pm, 5:30pm
Reconciliation:
Saturdays 4:00pm-4:45pm
or by appointment
Baptism:
Preparation Class required.
Call parish office
Sacrament of the Sick:
Anytime upon request.
Contact Pastor.
Matrimony:
Six months notification required prior to desired date. Contact Pastor.
St. Vincent de Paul Help Desk: (415) 454-0366
Helping Hands: (415) 453-2342

Light shines through the darkness for the upright. — Psalm 112:4

February 9, 2020
Fifth Sunday in Ordinary Time

St. Anselm’s Parish is a Catholic community formed by families, individuals and clergy that worship together, celebrate the sacramental life of the Church, and seek to live the Gospel of Jesus Christ.
Dear Parishioners,

In the Gospel reading of this Sunday, Jesus says, “You are the salt of the earth; you are the light of the world.” In the ancient world where there were no refrigerators, salt was used as a preservative. It was also used for seasoning food. And we know that both salt and light are most important necessities of life. Jesus was telling his disciples that if they stopped witnessing to the world by their lives and by their deeds, they were like salt that has lost its taste and light that is kept hidden. Jesus invites each one of us to be a witness to Christ and his values by our lives and by our deeds and thus become salt of the earth and light of the world!

Yours Sincerely,
Fr Jose Shaji, Pastor

25th Ordination Anniversary Celebration
Deacon Bernie O’Halloran has been serving our community as one of our parish Deacons for the past 25 years…. and counting. His wife, Dolores, participated in the years of classes and training alongside Deacon Bernie. Together, they are vital to both the physical and spiritual well-being and growth of St. Anselm. It is our privilege and honor to celebrate Bernie’s 25th Ordination Anniversary on Sunday, February 23rd. Please join us for the 10:00am Mass and a light lunch reception in Centennial Hall following the Mass.

LATER . . .
One who waits to do a great deal of good at once, will never do anything.—Samuel Johnson

St. Anselm Church Stewardship
Registered Parishioner Families 2020- 1565
1st Collection: $6,648
2nd Collection- N/A
Electronic Weekly Donations- $2,625
Please visit our church website to sign-up for Electronic Donations
Second Collections: February 16-Building & Maintenance

MASS INTENTIONS

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Person(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon.</td>
<td>Feb. 10</td>
<td>8:00am</td>
<td>Sean O’Reilly (INT)</td>
</tr>
<tr>
<td>Tues.</td>
<td>Feb. 11</td>
<td>5:30pm</td>
<td>Communion Service</td>
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<tr>
<td>Wed.</td>
<td>Feb. 12</td>
<td>8:00am</td>
<td>Bertha &amp; Gonzalo</td>
</tr>
<tr>
<td>Thurs</td>
<td>Feb. 13</td>
<td>8:00am</td>
<td>Michael Coane (INT)</td>
</tr>
<tr>
<td>Fri.</td>
<td>Feb. 14</td>
<td>8:00am</td>
<td>Christopher Allen Cook</td>
</tr>
<tr>
<td>Sat.</td>
<td>Feb. 15</td>
<td>5:00pm</td>
<td>Don Behling (D)</td>
</tr>
<tr>
<td>Sun.</td>
<td>Feb. 16</td>
<td>8:00am</td>
<td>Parish People</td>
</tr>
<tr>
<td></td>
<td></td>
<td>10:00am</td>
<td>Rob Funk &amp; Family (INT)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>5:00pm</td>
<td>Colin Schreck (D)</td>
</tr>
</tbody>
</table>

As a community we ask God’s blessing for the ill:

For the Repose of the Soul: Adrienne Hale Berardi, Pat Mason, Sr. Colleen Kern, John Smith

For Our Military: Robert Gebhardt, Tyler Lopez, Alex Boatwright, Elizabeth Baumsteiger, Christian Miller, Robert Kent, Shane Morgan, William Ghiringhelli, Daniel Lowe, and Rob Manifold

"Our Prayer Petition group will gladly pray for your intentions; simply use the link on our Parish website (https://saintanselm.org/) or go to https://forms.gle/9C3WH4mtng33qLmn7"

READINGS FOR THE WEEK

Monday: 1 Kgs 8:1-7, 9-13; Ps 132:6-7, 8-10; Mk 6:53-56
Tuesday: 1 Kgs 8:22-23, 27-30; Ps 84:3-5, 10-11; Mk 7:1-13
Wednesday: 1 Kgs 10:1-10; Ps 37:5-6, 30-31, 39-40; Mk 7:14-23
Thursday: 1 Kgs 11:4-13; Ps 106:3-4, 35-37, 40; Mk 7:24-30
Friday: 1 Kgs 11:29-32; 12:19; Ps 81:10-11ab, 12-15; Mk 7:31-37
Saturday: 1 Kgs 12:26-32; 13:33-34; Ps 106:6-7ab, 19-22; Mk 8:1-10
Sunday: Sir 15:15-20; Ps 119:1-2, 4-5, 17-18, 33-34; 1 Cor 2:6-10; Mt 5:17-37 [20-22a, 27-28, 33-34a, 37]
**Youth Mass** - Youth Masses are offered most 2nd & 4th Sundays at our 5pm mass. Here is the tentative schedule: February 9 & 23, March 8 & 22, April 26, May 10 & 24, June 14 & 28, July 12 & 26, and August 9 & 23.

**Highlights:** Contemporary Music & Youth Led Roles: greeters, ushers, gift bearers, and readers. Must be in 6th grade or up to have an active role. Please contact Dre@saintanselm.org a week before the scheduled mass to sign your youth up for an active role.

**Youth Ministry** - Our Youth Ministry is open to all 6th-12th graders. Highlights “the 7F’s:” Foster leadership skills, fundraising for a cause (#endHumanTrafficking), Fellowship, Faith Formation, Food, Fun Outings, and Free to attend.

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**Health**

This is the time of the year I remind you to think about what you must do to keep yourself well. Think about medical screenings: breast, cervical, prostate, colon, and skin cancers. If you are on blood pressure medications, have your blood pressure checked regularly. If you are a diabetic be sure your blood glucose is checked on a regular basis.
—Remember to get your vaccines: flu, pneumonia (the most recent vaccine) shingles (this is a newer vaccine).
—Make an appointment with your doctor for a wellness check-up. Ask for a thyroid test, if you haven’t had one, a Ca-125 if there is a history of ovarian cancer in your family. Ask the doctor to listen to the sides of your neck, to listen to the blood flow.
—It has come to my attention that many people stop their medicines when ordered for a specific time. The people give the reason, when asked why they stopped, “I felt better.” You Feel Better Because You Are On The MEDICINE!!!! Please do not stop medicines unless you consult your doctor; there can be problems if you just stop certain medicines.

God Bless, Rose

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**Teachings on Tap Update**

From February till May our ToT will be held on the 4th Thursday of the month. This ministry is open to all adults 21 and up. We meet once a month from 6:30pm to 7:45pm at a local restaurant for appetizers, drinks and informal conversations about God. Location will be emailed to RSVP participates two days before the event.

To RSVP for our next outing on Thursday, February 27th at 6:30pm (restaurant TBD) please email DRE@saintanselm.org by 2/25.

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**YOU ARE CORDIALLY INVITED TO ST. ANSELM’S VALENTINE TEA PARTY**

THURSDAY, FEBRUARY 13th 3:00 P.M.-4:30 P.M. CENTENNIAL HALL

SUGGESTED DONATION-$10.00- THANK YOU

Happy Valentine’s Day

“AND NOW THESE THREE REMAIN: FAITH, HOPE AND LOVE. BUT THE GREATEST OF THESE IS LOVE.” 1 Corinthians 13:13
### St. Anselm Church Calendar of Events
And “Save The Date”

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 8</td>
<td>Survey Results - Town Hall Meeting - 6:00pm - Hall</td>
</tr>
<tr>
<td>February 9</td>
<td>Survey Results - Town Hall Meeting - 11:00am &amp; 6:00pm - Hall</td>
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<tr>
<td>February 13</td>
<td>Centering Prayer - 9:30am - 10:30am - Hall</td>
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<tr>
<td>February 13</td>
<td>Valentine Tea Party - 3:00pm - 4:30pm - Hall</td>
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<tr>
<td>February 17</td>
<td>Office Closed - President’s Day</td>
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<tr>
<td>February 23</td>
<td>Deacon Bernie’s 25th Anniversary Ordination to the Deaconate - 10:00am Mass -</td>
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<td>Reception to follow in the Hall</td>
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<tr>
<td>February 27</td>
<td>Teachings on Tap - 6:30pm - 8:30pm - Location TBD</td>
</tr>
<tr>
<td>March 14</td>
<td>Women’s Retreat - Details to follow</td>
</tr>
</tbody>
</table>

Persons with special needs (shut-ins, developmentally disabled, etc.) who would enjoy fellowship are cordially invited to the **Marin Handicables Mass and Luncheon on February 22.** This event will be held at St. Anselm Church, 97 Shady Lane, Ross with **Mass at noon,** followed by lunch and entertainment in Centennial Hall. Sponsors are The Order of Malta Western Association. There is no fee to attend, but reservations are requested. RSVP: Cheryl Giurlani, 415.308.4608 or cherylgiurlani@gmail.com.

**Show Your Community Some Love—Ensure that your household is counted in Census 2020 – including infants.** All communities need love and support to grow and thrive. Join Catholic Charities and other faith-based organizations and social services in participating in the Census 2020, which can help bring a whole lot of heart to your community when it comes to jobs and road maintenance as well as funding critical social service programs that San Francisco residents rely on like affordable housing, early childhood education and food and nutrition assistance. The Census helps communities get funding they need so show your community some love and pledge to participate in the 2020 Census. Census Day is April 1st. You can respond by phone and online beginning March 12th in multiple languages. **Census 2020 Toolkit and Resources for Congregations available at [https://www.sfinterfaithcouncil.org/](https://www.sfinterfaithcouncil.org/)** Census resources also are available at [https://marincensus2020.org/](https://marincensus2020.org/)

If you want to work on your marriage, please pray about going on a Retrouville weekend.
San Francisco Retrouville: February 28-March 1
Francis & Joanne Agbayani
415-893-1005, SF@RetroCa.com

The Carmelite Nuns invite you to their **Annual Jam Sale until 2/14.** We hope you will enjoy the fruits of our labor: Apricot, Peach, Strawberry, Plum-Pear & Bumbleberry Jam And Pear-Apple sauce. Questions? call 415-847-3381-530 Blackstone Dr. San Rafael, 94903. Thank you. God Bless You!
**First Reconciliation**—On Saturday, February 1st, around 45 of our parish/school First Communion candidates were given the opportunity to ask God for forgiveness through the sacrament of Reconciliation. The children put together an adorable skit to illustrate the parable of the Good Shepherd which reminds us that Jesus comes to us when we need Him the most. May our community continue to support these candidates as they continue their faith formation and receive their First Communion in May.

**Lent Begins on February 26th**—Ash Wednesday is February 26th, and Easter is April 12th. **Our Ash Wednesday Masses will be at 8:00am, 9:00am (School Mass-all are welcome), 12:00pm, and 5:30pm.**

**Our weekday Mass schedule during Lent is Monday-Friday 8:00am and 5:30pm.**

As we approach Lent, be aware of the following:

**-Lenten Regulations:**

**-Abstinence:** Everyone fourteen years of age and older is bound to abstain from meat on ASH WEDNESDAY, the FRIDAYS of Lent, and GOOD FRIDAY. **-Fast:** Everyone eighteen years of age and older but under the age of sixty is also bound to fast on ASH WEDNESDAY and GOOD FRIDAY. On these two days, the law of fast allows only one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal. Drinking liquids during the day is permitted. When health or ability to work would be seriously affected, the law does not oblige. In doubt concerning fast or abstinence, a priest should be consulted. In the spirit of penance, the faithful should not lightly excuse themselves from this obligation.
Bulletin Number:
513520

Church Name and Address:
St. Anselm
97 Shady Lane
PO Box 1061
Ross, CA 94957-1061

Telephone: 415-453-2342

Contact Person: Sissy Ratto

Email: st.anselmoffice@att.net

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  Adobe Acrobat DC

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